

Volume 42, Number 3

Dec 2022/Jan 2023, KISLEV/SHEVAT 5783



Photo by Matt Green (Flickr)

Dreidl and Other Games

GENERAL INFORMATION:

All phone numbers use (510) prefix unless noted.

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|-----------------|---|--|--|
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Monday & Thursday Morning Minyan

Chapel, 8:00 a.m.

Friday Afternoon

Gan Shabbat, 12:40 p.m.

Friday Evening (Kabbalat Shabbat)

Sanctuary and YouTube, 6:15 p.m.

December Candle Lighting Times

December 2 4:32pm
December 9 4:32pm
December 16 4:33pm

Sunday, 18 Chanukah 1 Candle 5:22pm

Monday, 19 Chanukah 2 Candles 5:22pm

Tuesday, 20 Chanukah 3 Candles 5:23pm

Wednesday, 21 Chanukah 4 Candles 5:23pm

Thursday, 22 Chanukah 5 Candles 5:24pm

Friday, 23 Chanukah 6 Candles 4:36pm

December 30 4:41pm

Shabbat Morning

Sanctuary and YouTube, 9:30 a.m..

December Torah Portions & Havdalah

December 3 Parashat Vayetzei

Bat Mitzvah of Talia Jaffe

5:33pm Havdalah

December 10 Parashat Vayishlach

Sponsored by Patricia and Avi Eliahu

5:33pm Havdalah

December 17 Parashat Vayeshev

Shabbat Mevarchim Chodesh Tevet

B'Mitzvah of Levi (Lena) Gutkin

5:35pm Havdalah

December 24 Parashat Miketz

Rosh Chodesh Tevet

5:39pm Havdalah (Chanukah 7 Candles)

December 31 Parashat Vayigash

5:43pm Havdalah

January 2023

Friday Candle Lighting

January 6 4:47pm

SERVICE SCHEDULE & ONGOING EVENTS

January 13 4:53pm January 20 5:01pm January 27 5:08pm

Saturday Torah Portions

January 7 Parashat Vayechi

Gan Shabbat

5:49pm Havdalah

January 14 Parashat Shemot

Sponsored by

Renee Marx

5:55pm Havdalah

January 21 Shabbat Mevarchim

Chodesh Sh'vat

Parashat Vaera

Bar Mitzvah of Ari Lipsett 6:02pm Havdalah

January 28 Parashat Bo

Bat Mitzvah of

Hannah Sumner 6:09pm Havdalah

| Editors in Chief | Lisa Fernandez & Rachel Dornhelm |
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| Layout & Design | Alden F. Cohen |
| Calendar | Virginia Tiger |
| B'nai Mitzvah Editor | Susan Simon |
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The Omer

We are always looking for help and contributions, whether it be first-person articles, poems, art, photos and anything that aligns with our theme of positive, Jewish community.

We are also always in need of copy editors.

The Omer is run by volunteer editors, TBA members Lisa Fernandez and Rachel Dornhelm, and assembled visually by graphic designer Alden F. Cohen.

WE WOULD LOVE TO SEE MORE COMMUNITY MEMBERS JOIN OUR TINY STAFF.

Please email <u>Omer@tbaoakland.org</u> if you'd like to help out and contribute.

We accept member submissions.

Deadline for articles and letters is the

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FROM THE RABBI



Dreidel, Maccabees, and the Odds

One of the best things about the game of Dreidel is that it is virtually the only gambling game where the odds are actually in your favor. Only one of the four possible outcomes causes the player to lose anything, when you land on Shin. Two of the outcomes mean a win (Gimel for the whole pot and Hay/Pay for half the pot), and one is neutral (Nun, where nothing happens). Unlike with Blackjack, Poker, Roulette, or any other gambling game, when you watch a game of Dreidel a whole lot of winning occurs.

This is ironic in that in the Chanukah story, the Maccabees and the Jewish people defy the astronomical odds that are stacked against them. As it says in the Al Hanisim prayer that we recite during the Chanukah Amidah, the victory of the Maccabees is one of "the weak against the strong, the few against the many." There are two separate miracles: this military victory and, of course, the miracle of the one cruse of oil lasting for eight nights.

When we give a dreidel to all our B'nai Mitzvah students it is in the hopes that they join our BBYO youth groups, Dreidel AZA and Oakland BBG. Of course, we hope their joining will lead to all kinds of fun and games. But if you think about its deeper meaning, we are hoping that the Jewish people will continue to defy the odds of survival as a people as we have for thousands of years.

So what's in a game? In Dreidel, all this and more. Enjoy!

L'shalom and Happy Chanukah,

Rabbi Mark Bloom



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http://smile.amazon.com/ ch/94-1375793



WEEKLY TEXT STUDY with Rabbi Bloom

Wednesdays at 9am
Contact rabbibloom@tbaoakland.org
for the location

Hanukkah Memories Always Include a Dreidel

By David Goodwin

As a second generation Los Angeleno who grew up in the San Fernando Valley, I don't have memories of magical Hanukkah celebrations where the children came in out of the snow and played with a dreidl while their aunts or grandmothers made latkes. To be sure, we went every Friday night and every holiday to the house of my maternal grandmother, who was born in Poland in 1886 and was an expert at making latkes. In fact, my grandmother may have been the best cook I have ever known, making everything from scratch. If she wanted to serve chicken noodle soup along with the latkes, she would buy a live chicken, have it slaughtered, pluck the feathers, and use it to make the broth while she rolled out homemade noodles. So my memories of Hanukkah are more of eating amazing dinners than of playing games, especially since I was seven or eight years younger than my first cousins and five years older than my brother, a discrepancy that meant that if we played dreidl or cards, I would always lose to my cousins and would always beat my brother—including a streak of 74 straight wins at kalooki, which might be a world record.



As an aside, when my daughter Charlotte first moved to Paris and talked about Hanukkah with her Sephardic in-laws who grew up in Algeria, the conversation, loosely translated to English, was: "Let me get this straight. You grate potatoes and fry them? No almonds or honey or green vegetables? What kind of a cuisine is that?" Charlotte had similar conversations about Pesach. ("You eat boiled fish balls, overcooked carrots, and horseradish? Why would you do that?")

In addition to the meals I also remember presents – to this day,no present has been as exciting as the "Cape Canaveral Rocket Set" that I received when I was eight. I could shoot spring-loaded "rockets" up to the ceiling. (Today, of course, no one would sell a product that was likely to put out a child's eye. Fortunately, even though I played with it almost every day for two years, I survived unscathed.) Another great present was a Lionel model railroad, on a board that swung down from the wall. I must have spent hundreds of hours (okay, dozens of hours) playing with it. And I think my daughters were never as excited about receiving a present as they were when they got Molly the hamster for the first night of Hanukkah many years ago.

This year, Stella and I plan to be back in Paris for Hanukkah with Charlotte and her family but this time my younger daughter Sophie and her fiancé Nick will be there as well. That means that we will be very crowded, with eight of us in an apartment that is too small for four. But this Hanukkah will be the first after our seven year old grandson William started going to Hebrew school and he might have an idea of why we are celebrating for eight nights; and it will be the first in which our three year old granddaughter Alice will figure out how to play with a dreidl. We are looking forward to it.

Happy holidays to everyone in the congregation.



ADULT EDUCATION with Susan Simon

"A Taste of Text Study" Saturdays at 9am Contact Susan@tbaoakland.org for the Zoom link

Levi Gutkin - December 17th, 2022

Hello, my name is Levi Gutkin, and I'm in 7th grade at Tilden Preparatory School in Walnut Creek. I am the middle child of a family of 5. My family has been so supportive of me getting to this point. I have been playing Suzuki violin for almost 8 years and will be playing a couple of songs at the Friday night service. I also really like to sing and have been a part of GleeBA at the temple for many years. I am in a performing circus troupe called Gilly at Kinetic Arts Center in Oakland. I love the thrill of hanging in the air, and the amazing friends I make while doing it. My other hobbies include rollerblading, playing with and making slime, baking, and lots of reading. My Torah portion is Vayeshev and I will be speaking about Joseph and sibling rivalry. Thank you TBA for all you did for me and teaching me so much.



Ari Oliver Lipsett - January 21, 2022

My name is Ari Oliver Lipsett. I am in 7th grade at Oakland Hebrew Day School. I have been part of the Temple Beth Abraham community my whole life.

My favorite activities include playing, soccer, basketball, tennis, and piano. I also love spending time with my family and friends.

My torah portion is Va'era (And I Appeared) which is part of the book of Exodus Chapters 6:2-9:35. My drash will focus on why Moses was so hesitant to step up and be a leader and why G-d thought Moses was so fitting for the role of a leader.

I'm so excited to see vou at my Bar Mitzvah!



Hannah Sumner - January 28, 2022

Hello, my name is Hannah Sumner and I am twelve years old. I live in Berkeley and I am in seventh grade at Black Pine Circle. I have been at Temple Beth Abraham since I was two years old and I am very excited for my bat mitzvah on January 28th. My parsha is called Parashat Bo, which is about the last three plagues and the first passover. I like to read and write books, draw, and I have played softball for seven years.



What's the Haps at Bet Sefer

by Susan Simon

The fall is such a busy time at Bet Sefer. Between our back to school festivities and the High Holy Days and our normal fall activities, we are full of action. Three of our classes went shopping at the Grocery Outlet to purchase food for the Alameda County Food Bank - thank you for donating nearly \$3,000 for that. One of our classes went kite flying in order to acknowledge that we are now including a prayer for wind and rain in the Amidah. That same class also made rainbow challah to remember the rainbow God put in the sky as a sign that never again would the world be destroyed by flood. We had a couple of classes building Towers of Babel out of Duplos. Now we are gearing up for Hanukkah. When I posted our latke making session, the spots for parents to help out filled up almost immediately - thank you! And last but not least, our Share A Shabbats are normal this year! So far we have enjoyed Friday night services with our Mechina, Alef and Bet classes and our Gimmel class will gather to lead us in prayer and song (and dinner!) in December.

I think we will never again take for granted our being able to come together and enjoy each other's company as we also try to do some good in the world. As always, thank you so much for your support.

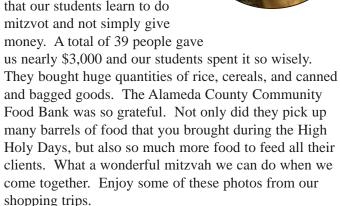




Thank You from Bet Sefer

By Susan Simon

I have been totally overwhelmed by the generosity of this community. I sent out one email asking the community to donate money so that our students learn to do mitzvot and not simply give money. A total of 39 people g











TBA's Community Quilt is Born

By Alice Hale

On Nov. 6, eight TBA congregants gathered in the Baum Center, and a few hours later, they had become a community of textile artists!

The women in these pictures had come together to start TBA's first community quilt, a way of celebrating our Jewish congregational life, after more than two years of being apart.

Old friends got re-acquainted, new friends were met, and some quilters got to nerd out on all things fabric and batting. And the quilt blocks? Vibrant and beautiful and as unique as the women who made them.

Thanks to Helene Moore, Jill Rosenthal, Marci Gottlieb, Anne Levine, Karen Bloom, May Battleson, Joan Rubin and Susan Simon for contributing their creativity -- and for helping to clean up and carry things to my car!

Next: the assembly and finishing of the quilt – but before that, we'd like to add a few more blocks. If you'd like to contribute a block in tribute to some part of our TBA life, please contact Alice Hale at amhale611@gmail.com. We'll set up another session of creating and get started on putting it together. No sewing ability is needed.





WTBA continues to bring our temple women together for fun and meaningful activities. WTBA's Membership Appreciation Event was held on November 6 and included a wonderful lunch and several activities where we made jewelry, mixed colorful and fragrant bath salts, created a self-care bingo card, and decorated a Tree of Gratitude. WTBA also celebrated Sukkot together on October 13 with dinner and campfire songs in the TBA Sukkah.

WTBA is planning a Hanukkah Cookie Swap for Thursday, Dec. 8, at 7:00 pm. The cookie swap is a WTBAa Hanukkah tradition, put on hold during Covid, and now back with renewed gusto. Start looking through your Hanukkah cookie recipes and get ready for noshing and singing our favorite Hanukkah songs together. An invitation with RSVP information will be coming to your inbox soon.

Coming up for 2023: **A Virtual Tour of the Contemporary Jewish Museum** in January and a Tu
B'Shevat celebration in February. Details to follow.

If you haven't yet joined this warm and welcoming group, please do so. Contact membership co-chairs Mala Johnson (mbluer@hotmail.com) or Karen Kelley (karen Kelley (karen-kelley123@gmail.com) for further information. We would love to have you part of our community.





Preschool Games Review

By Gan Avraham Teachers

As we think ahead to Hanukkah and all the rounds of dreidel we will play, the many other games that we play at Gan also come to mind. Over the years, we have noted the games that stand out as Gan favorites. For the children, playing cooperative games builds many skills; both social & cognitive. They are also super fun for the children. When teachers facilitate or observe the children playing cooperative games, they are given the opportunity to assess the children's skill building. These observations give teachers a window into how they may further plan to work with the children on progressing certain strengths and interests.

Below are game reviews by age group.

Kitah Alef: 2–3-year-olds

For two-year-olds, one of the best group games and activities is parachute. We have a large enough nylon parachute with handles for each child to hold. We spin it around, run underneath, play popcorn with some balls, and make waves. On the outside, parachute play looks like a lot of fun, and it is. A ton of learning is also happening. Parachute play for toddlers channels their energy in creative ways. They are focusing on the rhythm and learning how to move with a group of children. They also learn how to listen and follow two and three step directions. We are also problem solving, predicting, and inferring what will happen next.

Kitah Bet: 3-4-year-olds

For preschoolers, the best games that weave in Jewish values are cooperative board games. The Peaceable Kingdom brand of board games have some great creative themes for a range of ages.

In the preschool classroom we focus on teamwork and kehillah, community. While we also believe in healthy competition and children striving to find their inner strength and talents, it's much more important that young children learn how to work together on common goals. They will have all of adolescence to engage in competitive pursuits. Young children crave connection and feelings of shalom where we win together, as a team! There is magic in the "WE did it!" moments. High fives all around!!

Hoot Owl Hoot is an easy GAN favorite that can be played with non-readers. Everyone moves baby owls towards their nest with colored cards/ game board spots. There are also "sunshine" cards. Ideally all the players work together as they take turns to move the owl pieces into the nest before the last "sun" card is drawn.

This game brings in scientific concepts also, like owls are nocturnal. They live in a nest. We can even say a tree blessing as we acknowledge the natural world being the inspiration for the game!!

It'll leave you hooting "Who, who had such a fun time playing a board game with preschoolers?!?":)

Kitah Gimmel: 4-5-year-olds

Kitah Gimmel enjoys playing charades at circle time. The children take turns using their body (no words!) to act out something they have done on the yard or inside of our room. The children watching raise a quiet finger when they have a guess, then the person acting out calls on someone to share their idea. This student-led game teaches observational skills, different ways of communicating, turn-taking, initiative, and helps them build confidence in a group setting amongst their peers. We have noticed that this game helps to strengthen our kehillah and we always make sure to show kavod to all participants. And it's fun, too!







The Double Mitzvah of Shopping Locally for Chanukah

By Shayna Hirshfield

One hundred years ago, Khannikeh wasn't the major holiday it seems today in the U.S., and it wasn't accompanied by nearly the level of consumerism to which we've grown accustomed. Today, here, it's become a high-profile event on the Jewish calendar, with all manner of expectations and ritual — including lots of gift-giving.

While my family generally emphasizes practical and experiential presents, we all end up at some point buying gifts — even if just sweet little trinkets — to mark the occasion and share our love for one another. We always do our best to shop locally, at shops we feel good about supporting. Buying local isn't just hip and it's not just good for the climate; Rashi (on Leviticus 25:14) taught that "When you buy... you should prioritize buying from your neighbor." Why? Strengthening our own community is part of tikkun olam. It's "acting locally;" it's an important means of connection.

Afikomen Judaica on Claremont near the Oakland-Berkeley border is one of our favorite spots. With an incredible selection of books, Judaica, candles, dreidels, jewelry, and lots more, the store is an institution run by husband-and-wife team Reb Chaim Mahgel and Nell Mahgel-Friedman. We love it because it's a meeting spot for locals, the money we spend is reinvested into the community, and the items in their store are curated beautifully. Nell offered a beautiful Eli Talk (think TED Talk, with chutzpah) a few years ago about the beauty -- and Jewish imperative -- of shopping locally. Google it - it's good! (Reb Chaim also played an important role in helping us choose our childrens' names - a favor not easily forgotten!)

We live In an era of over-abundance of physical things. Our excessive consumption leads to environmental degradation, clutter, and debt more than satisfaction. Gifts should be meaningful and useful, rather than flashy or obligatory. Especially with kids, things are too often discarded in short order, stepped on, forgotten in favor of the Next Shiny Object. We don't want our kids to turn to us in a decade and say, "why did you buy me all this superfluous stuff that worsened the climate crisis that I now have to navigate?" And we don't want to be part of yet another local business going under. Let's all find ways, big or small, for Shomrei Adamah (the Jewish value of caring for the Earth), to inform our gift-giving at Hanukkah and year-round.

Israel Was the Best Time of My Life

By Bayla Polston

The three weeks I spent in Israel were some of the best weeks of my life. I went through BBYO which is my Jewish youth group. I made friends from all over the United States including Louisiana, South Carolina, Ohio, and Tennessee. On the



trip, we traveled all over Israel from Haifa to Eliat. During the course of three weeks, we learned about Israel's history by visiting many historical sites and learning about their vital significance. We were also really active as we hiked through caves, surfed, and scuba dived. My favorite part was eating all the Middle Eastern food with my friends. I am very thankful for the Hertz foundation for supporting me on my journey to Israel.

Comforting the Mourners

By Joan Rubin

TBA announces Nichum Aveilim (Comforting the Mourners), a warm group of congregants who have volunteered to reach out to those mourning the loss of a family member in our community. This will happen particularly in the months and year following a loss, after the initial overwhelm of shiva and shloshim is over.

This group gathered on two Sundays in October, learning background and supporting information. The first talk was given by Rabbi Bloom on Jewish thought, text, and ritual around death and mourning, setting the tone for a comfortable space to discuss some uncomfortable topics. The next presentation delved more into grief and best practices for those experiencing grief, given by Gloria Saltzman, LMFT, a Mourner Care Counselor for Sinai Memorial Chapel.

The Nichum Aveilim group will continue these conversations in upcoming meetings, each member using their own perspective and sensitivity to reach out to grieving TBA members, offering support and resources as needed. This may be a call, a note, a visit – offering presence at a time when words may fall short. Offering community at a time which may otherwise feel solitary.

If you are interested in being a part of this group, or know someone who can use our support, please contact Joan Rubin, TBA Board Member at rubinbens@sbcglobal.net.

TBA Sustainability Committee

By David Paulson

As noted in last month's Omer, the TBA Sustainability Committee has been re-formed. We are excited to share our goals and plans, and want to recruit others in the community to join. At our inaugural meeting in early November we settled on three initial areas of focus:

- Environmental Awareness and Education with the goals of providing resources, guidance, and educational opportunities for the TBA community to learn about and share best practices and new ideas in creating a more sustainable footprint.
- <u>Sustainability at the Shul</u> with a focus on our synagogue's operations, procedures, and policies, to explore ways in which we can lessen the environmental impact of our synagogue buildings and activities.
- <u>Community Projects and Engagement</u> with a focus on community service projects and political advocacy.

As our first effort, we are excited to help support and promote the annual **Wetlands Restoration Day** project, which we've been doing for an amazing 21 years! Always a great event, it is an opportunity for us to spend time together getting our hands dirty doing much needed work in restoring local wetlands in the Bay Area.

This year's Wetlands Restoration Day will be in honor of Tu B'Shevat Sunday, February 5, 10:00 - 1:00 p.m. at the Martin Luther King, Jr. Regional Shoreline Park in Oakland. This is always a great event for all ages. Space is limited, so RSVP today at https://forms.gle/opzX4XpULm4xGzcH6. Contact Jody London, oak-landjody@gmail.com, with any questions.



Pictured: Some of the 2022 Wetlands Restoration Day participants.

Additionally, the Sustainability Committee is developing plans to launch a film and discussion series, where congregants will be invited to view various sustainability-related films (together or at home) and then discuss them and find ways to act on new knowledge. Stay tuned for details!

These are just our starting projects, and we have many more ideas and projects to come. If you are interested in joining the committee, or have ideas and thoughts you want to share about sustainability issues or activities for the committee to explore, please reach out to David Paulson at weinson@gmail.com.

In the meantime, if you are interested taking easy steps to lessen your environmental footprint, here are a few quick ideas of things you can do now:

- Start a habit of bringing your own reusable water bottle to shul (and other events). Even our compostable cups end up in landfill, so the less we throw away, the better.
- Reduce your consumption of meat. Even switching out a few meals a day from meat to vegetarian or vegan can have a big impact.
- Remember to use your large electric appliances at off peak hours. PG&E or your local utility company will list the applicable off-peak hours on their website. This not only reduces your utility bill, but reduces the need for our utility providers to source power from less environmentally sustainable sources.
- Think about what you can buy in bulk, with your own refillable containers. Visit ReUp in Rockridge or the Food Mill on MacArthur in the Laurel district. Both stores specialize in selling home products in bulk, and allow you to refill your own containers to reduce the use of single-use plastics.
- Make a plan to switch out your gas appliances to efficient electric alternatives.
- If you are a customer of East Bay Community Energy (in Alameda County) or MCE (in Contra Costa County), consider subscribing to their 100% renewable electricity product.

Shredded Cuban-Style Pot Roast with Olives and Double-Fried Smashed Plantain

By Faith Kramer

One of the adventures I'm looking forward to in the New Year is my first trip to Cuba, so I thought I would share these Hanukkah-inspired recipes for Shredded Cuban-Style Pot Roast with Olives and Double-Fried Smashed Plantains.

The plantains, cooked in oil, are perfect for Hanukkah. I like to serve them with the tangy pot roast. (The pot roast with its sauce also compliments traditional potato latkes).

My sister taught me to make the plantains (tostones), which she learned from her Cuban-American in-laws. The pot roast is my version of the classic Ropa Vieja and can be made in advance and reheated. It freezes well if you have any leftovers. Be sure to choose greenish-yellow unripe plantains and fry them up within a few hours of serving.

For a Hanukkah appetizer, place a tablespoon of meat on top of a cooked plantain and garnish with chopped olives and cilantro.

SHREDDED CUBAN-STYLE POT ROAST WITH OLIVES

Serves 6-8

3 lbs. boneless beef chuck roast or brisket

2 tsp. ground cumin, divided

1 1/2 tsp. salt, divided, plus as needed

1 1/2 tsp. ground black pepper, divided

3 Tbs. oil, divided, plus extra as needed

4 cups chopped onions

2 Tbs. minced garlic

2 cups chopped red bell pepper

1 tsp. dried, crumbled oregano

1 tsp. paprika

1/4 tsp. cayenne, optional

28 oz. can crushed tomatoes with liquid

- 2 Tbs. lemon juice
- 2 Tbs. orange juice
- 1 1/4 cups roughly chopped pimento-stuffed green olives, divided
- 2 Tbs. distilled white vinegar

1/4 cup chopped cilantro or parsley

Cut off excess fat from meat (leave a 1/4-inch layer on brisket). Combine ½ teaspoon cumin, ½ teaspoon salt, ½ tsp. black pepper. Rub over meat. Let sit on plate for 20 minutes.

Heat 2 Tbs. oil in large pot or Dutch oven over medium-high heat. Brown beef, 5-7 minutes a side. If necessary, cut meat in half and brown in batches. Place back on plate.

Add 1 Tbs. oil to pot. Add onions. Sauté 5-7 minutes until softened, stirring occasionally. Add garlic. Sauté 1-2 minutes until Return to a simmer. Spoon sauce over meat. Cover. Lower heat to keep at simmer. Simmer 2-4 hours until a dinner fork easily glides through. (Cook to tenderness, not time.) Every 30 minutes, spoon liquid over meat. Every hour, turn meat over in liquid. Add ¼ cup water if pot dries out.

Remove meat to fresh plate. Let rest at least 20 minutes. Shred by hand or with two forks.

Heat uncovered pot with cooking liquid on medium high. Simmer 20-25 minutes. Stir occasionally until thickened to consistency of thick pasta sauce. Stir in 1 cup olives and vinegar. Taste. Add salt if needed. Stir in meat. Simmer 10-15 minutes, stirring occasionally, until reheated. Garnish with ½ cup olives and cilantro.

DOUBLE-FRIED SMASHED PLANTAINS (TOSTONES)

Serves 6

4 large greenish-yellow plantains Oil for frying

1 Tbs. kosher or coarse sea salt, or as desired, optional Cut off ends of plantains. Score raised ridges with knife. Peel or slice off skin. (Skin with be tough.) Cut into 1-inch slices.

Heat 1/2-inch oil in large, deep, heavy skillet over medium

high heat. When oil bubbles around a bit of plantain, fry half the slices flat side down for 2-3 minutes, until bottoms are golden brown. Use metal tongs to turn over. Fry 1-2 minutes until bottom is golden brown. Drain on paper towel-lined plate. Repeat. Turn off heat. Leave oil in pan.



Place 8-inch piece of plastic wrap on cutting board with plastic wrap. Place plantain flat side down. Cover with second piece of wrap. Whack 2-3 times with sauce pan bottom until flattened. Return plantain to plate. Repeat.

Reheat oil over medium high heat. Working in 3-4 batches, fry smashed plantains about 2 minutes until bottom is browned. Turn with tongs. Fry about 1 minute. Drain on paper towels. Repeat. Sprinkle with salt. Serve hot, warm or room temperature

Note: I recommend using plastic gloves when working with raw plantains to avoid skin irritation.

Faith Kramer writes a food column for the j., the Jewish News of Northern California (https://www.jweekly.com/author/faith-kramer/). She is the author of 52 *Shabbats: Friday Night Dinners Inspired by a Global Jewish Kitchen* (https://thecollectivebook.studio/52-shabbats). More at www.faithkramer.com. Contact her at fijkramer@msn.com.

December & January 2023 Yahrziets

המקום ינחם אתכם בתוך שאר אבלי ציון וירושלים

May God comfort you among all the mourners of Zion and Jerusalem

DECEMBER 1 - 2

7 - 8 Kisley Gussie Goldstein Isaac Marcus Max Marovitz Leah Stamer Cyril Weiss

Phyllis Marjorie Cowan June Reingold Fleck Harry Grossfield Judy Lerner Herman Roth

DECEMBER 3 - 9

9 - 15 Kislev

Irma Eis Jeanette Jeger Sarah Lichtenstein Eve Rothman Stanley Rudee Anne H. Tanner Jacob Karwat Marie Lorenz Mona Scharff Ronald Abraham **Edward Bercovich** Herbert Goodman Leon Kraft Rebecca Millman Esther Naggar

Sarah Leah Schneider Alexander Kleinlerer Mildred Pullman Joseph Rosenfeld Joseph Samson Joseph Schein Jacob Wachsman

Eva Weissman Sandy Rosenfeld Emert Sam Katzburg

Erwin Wallen Eric Zielenziger David Aaron Harry Barnett

Irwin Bryan Rita Heeger Esther Nankin

Ganesane Rosenberg

Ben Silver Wayne Stanfield Max Davis

Richard M. Goldstone Molva Goodman

Edythe Goodwin Mary Hale Leland Kugelgen Mervin Tessler

DECEMBER 10 - 16

16 - 22 Kisley

Nina Balint Edith Budman Max Charlup George Davis III Jennie Gevertz Adolph A. Kay Erna Bender John Cook Al Mendelsohn Svlvia Reback Kathy Roman Helen Ida Tessler Thelma Diane Tobin Pierson Jacobs Sidney M. Levee, Jr. Lawrence Rothe Judith Steinborn Bea Tuckman Toni W. Berke Louis Berman Marlene Berger Caspar Ida Hvman

Michael Roman Martin Rosenthal Lilyan Schreiberg Anna Shalinsky Sam Feltman

Benjamin Holeman Martin W. Hepps Victorine Misan Miriam Nudler Samuel Rubin Masao Kishi Mordecai Parker

Michael Robert Gelfand

Herman "Pinky" Pencovic Stanley Schechtman

DECEMBER 17 - 23

23 - 29 Kisley Richard Gutmann

Leon Klein Phillip Mendelsohn Arthur Nightingale

Michael Rapaport Mack Epperson

Goldie Turetz Martha Zilverberg Nathan Dickson Rebecca Epstein Rabbi Joel Goor Booker Holton, Sr. Sophie Kranz Samuel Morow Louis Robinson Goldberg Roselyn Esther Asher

Herbert Allen Goodfellow Rabbi Harold Schulweis Betty Gordon Grinberg

Kalman Klein Rita Melamerson Israel Stamer

Samuel David Strongin Robert S. Wallerstein Ruben Curtin

Samuel Gevertz Rabbi Phillip Langh Sidney Winchell Joseph Dorfman Jack Gray Paul Trof

DECEMBER 24 - 30

30 Kisley - 6 Tevet

David Freedman Morris Gelfand Jacob Kronrod Raymond Naggar Harold Reid Jerrold Schoenblum Melvin Silverman Elliot Weinstein Samuel Bernstein Sidney Gordon Leslie Kessler Morris Leavitt Mark S. Bloom Bessie Kvint Robert Lopez David Mehr Ethel Mehr Fannie Shapiro Yitzhak Antebi William Heeger Davie Ormsby Israel Rogers

Shirley Weiner

Frieda Zilverberg

Abraham Bercovich Mendel H. Friedman Blanche Jacobs Jacob Kerbel Norman Kleinman Shirley Silverman Margolin Benjamin Millman Sam Silver Josef Spiegel

Shirley Frierman Jacob Frydman Sadelle Kilmen William Malakoff Alfred Month Alice Rosenstein David Rosenstein Robert Sirull

DECEMBER 31 2022 -JANURY 6 2023

7 - 13 Tevet

Helene Holeman Yetta Lazerwitz-Miller Richard Mailman Goldie Steinberg Michael Wallerstein

Doris Held Minette Mogill Norman Stone Sheldon Bereskin Rabbi Hayim Goren

Perelmuter Sarah Libby Reich Jacob Bernstein Miriame Pepin Dahan Blemah Frankel-Jurman Harold Charles Goldberg

Irving Grutman George Hochman David Lazar Ben Nathan Ramek Family Ronald S chonfeld Rose Dancer Irene Kahn Lena Fass Alfred Feldhammer

Abbey Rockmaker Rose Rosenberg Herman Zubkoff Nathan Denenberg

Max Gross

Continued on page 14

December & January 2023 Yahrziets

המקום ינחם אתכם בתוך שאר אבלי ציון וירושלים

May God comfort you among all the mourners of Zion and Jerusalem

Meyer Kranz Mark Leon Phillip Nathanson Sally Simon

JANUARY 7 - 13 14 - 20 Tivet Arthur Braverman Mary Brisky

Carolyn Sue Nightingale

Erna Pikarski
Paula Rotman
Tom Rotzscher
Randy Diamant
Gitta Schneider Elul
Joseph Gusfield
Betty Holloman
Irving Kingston
Louis Rosenberg
Anna D. Weinstein
Eugene Weiss

Eugene Weiss
Sam Barnett
Murray R. Davis
Esther Isaacson
Becky Singer
Ethel Cohen
Howard Cohen
David Holeman
Les Leibovitch
Jay Michaelson
Abraham S. Couzin
Moises Itzkowich
Bernard David Laytner
Edwin H. Leuin

Rochelle Mason Al Neiman Sydney Goldstein Bessie Ranzer Charlotte Resnick Myra Sencer David Bluer Fred Brasch Donald Brauer Louis E Engleberg Elias Herfield Bela J. Klarman Lew Menkes Joseph Singerman

JANUARY 14 - 20 21 - 27 Tevet Shlomo Contract Ida Cowan Albert Eis Minna Epstein Edward Flick Rheta Goldberg Gussie Gross Evelyn Harris

Louis Jacobs Abraham Kreimerman

Dennis Polse Moshe Shweky Joel Irving Stein Samuel Toas Esther Wallis Edith Worgold Lawrence Kauffman Isadore Lazar

Jack Berger Simon Cohen Joseph Gold Irma Gusfield Frances King Arthur J. Levine Leonard Quittman Beth Belzer Sheldon Berrol

Ignatz Jacobs
Jewel Koletsky
Sarah Rosenthal
Isadore Rubin

Marion Stolusky
Maurice C. Stone
Bernice Dambowic
Sylvia Eckhaus
Carl Hirsch
Morris Silver
Bertha Frankel
Edith Kurtz
Debbie A. Nesbit
Michael R. Nesbit
Shirley Spillman
Anna Weintraub
Frank Glasser
Mae Golding

Caroline Kaufmann Ethel Louik Tom Rose Leslie Turchin Gertrude Zatkin

Louis Judson

JANUARY 21 - 27 28 Tevet - 5 Shevat Sofica Becker Herscu Mantel

William L. Stern Herman Samuel Handloff

Dorothy Lavin Juel Ephraim Fass Benjamin Goor Thomas Lee Hastings

Harry Karsh Samuel Kay Eliezer Nahary Elwood Davidson Morris Kessler William Mandler Marian Migdal Harry Morofsky Helen Siegel Morris Silberman Rose Cohen
Harriett Kaplan
Bertha Rabinowitz
Mani Saidian
Joseph W. Boston
Alice Cunningham
Henry G. DeLugach
Morris Nankin
Ethel Shaffer
Dr. Simon Haskell
Etta Kushner
Ely Langfeld
Inge Rosenthal
Esther Schulack
Leo Wasserman

JANAURY 28 - 31

6 - 9 Shevat Mildred Karren Nat Kaufman Robert Morris Miriam Nathanson Betsy Rosenberg Matthew Seamans Tom Turchin Alexander Dubrow George Elber Maurice Kerns Rebecca Parker Sid Rose Marcus Zaslov Margaret Ash Rose Frey Helen Hakim Celia Veiss Nathan Yeszin **Robert Dines** Stanley Levin Grace Blue Ross

Recent Deaths in Our Community

Sheldon Schaffer. Husband of Ellen Beilock

Samuel Decalo, Father of Niv Decalo (Shirley Hasson)

Misia Nudler

Dr. Theodore Goldstein, Father of **Noah Goldstein** (Jenny Michaelson)

Miriam Schneiderman, Daughter of Barbara Berman Robert Warwick, Brother of Eve Gordon Amiram Ur, Father of Gideon Ur (Carol Behr)

Dr. Daniel Motzkin, Father of Patty Motzkin (Richard Feldman)

Gloria Ruth Tishkoff, Mother of Jane Tishkoff

Jeffrey Owen Wade, Brother of Schon Wade

(Deborah Hoffman-Wade)

Sanford Greenberg, Father of Lisa Greenberg

May their memory be for a blessing

Charity is equal in importance to all the other commandments combined.

Bet Sefer Fund

Jacqueline Palchik, in honor of Elliott Zatkin's Bar Mitzvah Matthew & Lauren Smith, in memory of Curtis Manasse

Gan Avraham Fund

John Rego &

Deborah Kahane Rego, in memory of Mathilda Kahane

High Holy Days Appeal -General

Michael Aronson & Jody London

David Baglein

Marc & Debra Barach

Steven Berl & Anita Bloch

Harvey & Fran Blatter

Arnold & Marjorie Blustein, in

honor of Rayna Arnold

Andy Campbell & Rachel Dornhelm

Richard Charlesworth & Amy

Moscov

Virginia Davis

Robert DeBare & Esther Rogers

Sanford & Leslie DeLugach

Maurice Engel

David & Diane Feldhammer

Charles & Harriett Feltman

Dan Finkelstein & Joanna Berg

Michael Gelfand & Deborah

Hoffman-Wade

Dennis & Susan Gildea

Jon Golding & Carla Itzkowich

Fifi Goodfellow

Louis & Lisa Goodman

Eve Gordon-Ramek

Morey Greenstein

Steven Grossman & Jill Rosenthal

Philip Hanno & Linda Gordon

Steven & Penny Harris

Gerald & Ruby Hertz

Brett & Robyn Hodess

Booker Holton & Elaine Gerstler

Jeff & Johanna Ilfeld

Jonathan & Joy Jacobs

Bob & Lori Jaffe

Donald Jurow

Myra Kaplan

Leonard Katz

Joshua Kayman & Rebecca Lesser

George & Janet King

Judith Klinger

Edward & Miriam Landesman

Jerrold & Anne Levine

Mark Liss & Bonnie Burt

Michael & Renee Marx

Larry Miller & Mary Kelly

Peter Miller & Bess Gurman

Barbara Oseroff

Lawrence Polon &

Ernestina Carrillo

Hilda Pressman

John Rego & Deborah Kahane Rego

David & Lori Rosenthal

Barry & Hana Rotman

David Salk & Leah Kaizer

Sally Shore

Stephen & Susan Shub

Harlan Simon & Mary Cain-Simon

Sandra Simon

Mark & Lori Spiegel

Lisa Strongin & Maxine Epperson,

in honor of Pearl Epperson &

Irene Wefel Strongin

Ilya & Courtney Sukhar

Joseph Young & Rachel Goldstone

High Holy Days Appeal -Endowment

Michael Aronson & Jody London

Marc & Debra Barach

Steven Berl & Anita Bloch

Noam & Michele Birnbaum

Harvey & Fran Blatter

Richard Charlesworth & Amy

Moscov

Virginia Davis

Sanford & Leslie DeLugach

Maurice Engel

David & Diane Feldhammer

Charles & Harriett Feltman

Dan Finkelstein & Joanna Berg

Michael Gelfand & Deborah

Hoffman-Wade

Dennis & Susan Gildea

Jon Golding & Carla Itzkowich

Fifi Goodfellow

Louis & Lisa Goodman

Eve Gordon-Ramek

Morey Greenstein

Steven Grossman & Jill Rosenthal

Philip Hanno & Linda Gordon

Steven & Penny Harris

Gerald & Ruby Hertz

Brett & Robyn Hodess

Booker Holton & Elaine Gerstler

Jeff & Johanna Ilfeld

Jonathan & Joy Jacobs

Bob & Lori Jaffe

Donald Jurow

Myra Kaplan

Joshua Kayman & Rebecca Lesser

George & Janet King

Judith Klinger

Jerrold & Anne Levine

Angelina Levy

Mark Liss & Bonnie Burt

Michael & Renee Marx

Larry Miller & Mary Kelly

Peter Miller & Bess Gurman

Barbara Oseroff

Lawrence Polon &

Ernestina Carrillo

Hilda Pressman

John Rego & Deborah Kahane Rego

David & Lori Rosenthal

Barry & Hana Rotman

David Salk & Leah Kaizer

Sally Shore

Stephen & Susan Shub

Sandra Simon

Mark & Lori Spiegel

Ilya & Courtney Sukhar

Joseph Young & Rachel Goldstone

General Fund

Matthew Disco & Sandra Rappaport,

in memory of Sally Disco

Eric & Linda Horodas, in memory

of Bernard Stuart Horodas

Judith Klinger, in memory of

Edwin Ames &

Susan Ames Klinger

Martin Lipton & Robbin Mashbein,

in memory of Vera Zatkin

Josh Mailman & Juliette Linzer,

in memory of Vera Zatkin

Judith Mears.

in memory of Vera Zatkin

Tasia Melvin Bartell, in honor of Treya Weintraub's 65th Birthday

Donations, cont. on page 16

SEPTEMBER & OCTOBER DONATIONS CONT.

Charity is equal in importance to all the other commandments combined.

Continued from page 15

Misia Nudler, in memory of Harold Nudler Misia Nudler, in memory of Harry Nudler Barbara Oseroff, in memory of Misia Nudler Barbara Oseroff, in memory of Sheldon Schaffer Barbara Oseroff. in memory of Vera Zatkin Sheldon & Barbara Rothblatt, in memory of Ben Rust Sheldon & Barbara Rothblatt, in memory of Misia Nudler Sheldon & Barbara Rothblatt, in memory of Sheldon Shaffer Barry & Hana Rotman, in memory of Ken Rotman Sandra Sher, donation for the added security of HH Cheryl Zatkin-Steres & George Steres, in honor of Rabbi Mark Bloom Cheryl Zatkin-Steres & George Steres, in loving memory of Joseph & Vera Zatkin

Burton Polse Kiddush Fund

Michael & Renee Marx Hilda Pressman, in memory of Sidney Tuckman

Jack & Jeanette Jeger Kitchen Fund

Norman & Jo Budman, in memory of Herman Budman Judith Klinger, in honor of Billy Gentry for being kind Allen Rubin, in memory of Eileen Pachefsky Allen Rubin, in memory of Ellen Rubin

Minyan Fund

Daniel & Anne Bookin, in memory of Nancy Greenberg Jeff & Johanna Ilfeld, in memory of Art Sussman Rob Kaufman, in memory of Allan Green Robert Klein & Doreen Alper, in memory of my dear friend, Judy Stolow Philip & Cheryl Paul, in memory of Allan Green

Stevens Landscape and Maintenance Fund

Randall & Jan Kessler, in memory of Vera Zatkin

TBA Building Fund

Joseph & Judith Epstein, in memory of Sam Epstein & Jack Tessler

Rabbi Ralph DeKoven Camp Ramah Scholarship Fund

Sarah Cohen, in memory of Katherine Esther Calderon Cohen

Rabbi Bloom Fund

Darleen Bercovich, in memory of Edward Bercovich Harriet Bloom, in memory of Blossom Goldfarb Richard & Janice Freeman, in memory of Carol Freeman Alison Heyman, in memory of my dear friends Naomi and Asunta Myra Kaplan, in memory of Edith Kaplan Jerrold & Anne Levine, in memory of Edna Levine Barbara Oseroff, in memory of Joel Oseroff

Harold Rubel Memorial Music Fund

Barbara Oseroff, in memory of Edith DenenbergTBA Building Fund

Herman Hertz Israel Scholaship Fund

Herman & Mollie Hertz Foundation, donation to H Hertz fund

Mollie Hertz Interfaith Outreach Fund

Gerald & Ruby Hertz, in memory of Sarah Morofsky Herman & Mollie Hertz Foundation, donation to M Hertz fund Jeri & Marvin Schechtman, in memory of Reba SchechtmanMollie Hertz Interfaith Outreach Fund

Wasserman Adult Education Cultural Fund

Linda Casson-Nudell & Rabbi George Nudell, in memory of Arthur Casson Barbara Oseroff, in memory of Sylvia Silverman

Pola Silver Teen Holocaust Education Trip Fund

David & Elaine Saffan, in memory of Paulette & Isaac Sevi



MORNING MINYAN

Monday and Thursdays at 8am in the TBA Chapel.

No RSVP - just join the group

Welcome New Members

Jackie Stevens

Mark & Stacy Neiman.

Daughters Sarina & Jordan

Eli Messinger

Kevin Morales Roldan & Pelinor Calderon Morales

David Friedkin & Sarah Marder-Eppstein,

Son Noam

Sally Aelion & Barry Boston

Adam & Anna Wagner, Son Miko

A LEGACY GIFT LASTS FOREVER

Include TBA in your Estate Planning so that your message to your family is loud and clear:

"The existence of Temple Beth Abraham is important to me and for the future of Jews in Oakland."

Contact TBA's Executive Director Rayna Arnold for further details (510) 832-0936 or rayna@tbaoakland.org.

You are never too young to plan for the future!

MEMORIAL PLAQUE

Anyone wishing to purchase a memorial plaque, please contact the synagogue office at (510) 832-0936. If you do not know the location of a Memorial Plaque for your loved one, simply find the Memorial Plaque binder located on the back table in the Sanctuary. This book lists all Plaques in alphabetical order by the last name of the deceased and will be updated as new Plaques are hung. Please do not remove the binder from the Sanctuary.

It is a Jewish tradition to give contributions to commemorate life cycle events and other occasions. These tax-deductible donations are greatly appreciated and are a vital financial supplement to support the variety of programs and activities that we offer. Thanks again for your support! We could not do it

FUND CONTRIBUTION FORM

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| ☐ Leo and Helen Wasserman Education/Cultural Fund | | | | | |
| ☐ Stevens Landscape and Maintenance Fund | | | | | |

DECEMBER CALENDAR

| DECEMBER 2022 | | 7 KISLEV – 7 TEVET 5783 | | | | |
|---|---|--|---|---|---|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | | | | 1 (7 Kislev) | 2 (8 Kislev) | 3 (9 Kislev) |
| | | | | | | Parashat Vayetzei |
| | | | | 8:00am Morning Minyan 9:40&11:00am Kindergym 4:00pm Bet Sefer | 9:40&11:00am Kindergym 6:15pm Kabbalat Shabbat | 9:00am A Taste of Text Study 9:30am Shabbat Services Bat Mitzvah of Talia Jaffe Childcare available 10:00am Shabbat Mishpacha 10:00am T'fillat Y'ladim |
| | | | | | 4:32p Candle lighting | 5:33p Havdalah |
| 4 (10 Kislev) | 5 (11 Kislev) | 6 (12 Kislev) | 7 (13 Kislev) | 8 (14 Kislev) | 9 (15 Kislev) | 10 (16 Kislev) |
| 10:00am Nichum Aveilim Group 10:00am Nitzhia Shaked Adult Ed - Pirke Avot via zoom 7:00pm Confirmation Class 8:00pm Intro to Judaism | 8:00am Morning Minyan | 4:00pm Bet Sefer | 9:00am Weekly Text Study 9:40 & 11:00am Kindergym 6:00pm 8th & 9th Grade Tichon 7:00pm WTBA Event 7:00pm Adult Hebrew class | 8:00am Morning Minyan 9:40 & 11:00am Kindergym 4:00pm Bet Sefer | 9:40 & 11:00am Kindergym 6:15pm Bet Sefer Gimmel Share a Shabbat Kabbalat Shabbat | Parashat Vayishlach 9:00am A Taste of Text Study 9:30am Shabbat Services Kiddush sponsored by Patricia & Avi Eliahu 10:00am Jr Congregation 12:45pm Mah Jongg |
| 44 /47 // | 40 (40 (41) | 40 (40 (4)) | 44 (00 1/1 1) | 45 (04 (4) | 4:32p Candle lighting 16 (22 Kislev) | · |
| 11 (17 Kislev) 10:00am Nitzhia Shaked Adult Ed - Pirke Avot via zoom 7:00pm Confirmation class with Rabbi 7:00pm Hebrew Decoding refresher via zoom | 12 (18 Kislev) 8:00am Morning Minyan | 13 (19 Kislev) 4:00pm Bet Sefer | 9:00am Weekly Text Study 9:40 & 11:00am Kindergym 6:00pm 8th & 9th Grade Tichon | 15 (21 Kislev) 8:00am Morning Minyan 9:40 & 11:00am Kindergym 4:00pm Bet Sefer | 9:40 & 11:00am Kindergym 6:15pm Kabbalat Shabbat 4:33p Candle lighting | ' |
| 18 (24 Kislev) | 19 (25 Kislev) | 20 (26 Kislev) | 21 (27 Kislev) | 22 (28 Kislev) | 23 (29 Kislev) | 24 (20 Kislev) |
| | Chanukkah Day 1 | Chanukkah Day 2 | Chanukkah Day 3 | Chanukkah Day 4 | Chanukkah Day 5 | Chanukkah Day 6 |
| | | _ | NO GAN, BET SEFER, KIND | , | 1 | Parashat Nitzavim |
| 10:00am Nitzhia Shaked Adult Ed - <i>Pirke Avot</i> via zoom | 8:00am Morning Minyan | WINTER DREAK. | 9:00am Weekly Text Study | 8:00am Morning Minyan | 6:15pm Kabbalat Shabbat | 9:00am A Taste of Text Study 9:30am Shabbat Services with Childcare available 12:45pm Mah Jongg |
| 5:22p 1 Candle | 5:22p 2 Candles | 5:23p 3 Candles | 5:23p 4 Candles | 5:24p 5 Candles | 4:36p 6 Candles | 7:42p Havdalah (7 Candles) |
| 25 (1 Tevet) | 26 (2 Tevet) | 27 (3 Tevet) | 28 (4 Tevet) | 29 (5 Tevet) | 30 (6 Tevet) | 31 (7 Tevet) |
| Chanukkah Day 7 | Chanukkah Day 8 | | | | | Parashat Vayigash |
| 5,25p. 9 Condice | Office Closed 8:00am Morning Minyan | WINTER BREAK. JEWISH HERITAGE HIGHT WARRICHTS TOTAL TO | NO GAN, BET SEFER, KIND 9:00am Weekly Text Study | ERGYM THIS WEEK 8:00am Morning Minyan | 6:15pm Kabbalat Shabbat | 9:00am A Taste of Text Study 9:30am Shabbat Services with Childcare available |
| 5:25p 8 Candles | | | | | 4:41p Candle lighting | 5:43p Havdalah |

JANUARY CALENDAR

| JANUARY 2023 | | 8 TEVET – 9 SHEVAT 5783 | | | | |
|--|--|--------------------------------|---|--|--|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 1 (8 Tevet) | 2 (9 Tevet) | 3 (10 Tevet) | 4 (11 Tevet) | 5 (12 Tevet) | 6 (13 Tevet) | 7 (14 Tevet) |
| New Year's Day | | | | | | Parashat Vayechi |
| | Office & Gan Closed | | | | | 9:00am A Taste of Text Study |
| | 8L00am Morning Minyan Bar Mitzvah of Jonah Rosenberg | 4:00pm Bet Sefer | 9:00am Weekly Text Study | 8:00am Morning Minyan 4:00pm Bet Sefer | 6:15pm Kabbalat Shabbat | 9:30am Shabbat Services Gan Shabbat Childcare available 10:00am Shabbat Mishpacha 10:00am T'fillat Y'ladim |
| m | | | | | 4:47p Candle lighting | 5:49p Havdalah |
| 8 (15 Evet) | 9 (16 Tevet) | 10 (17 Tevet) | 11 (18 Tevet) | 12 (19 Tevet) | 13 (20 Tevet) | 14 (21 Tevet) |
| | 8:00am Morning Minyan | 4:00pm Bet Sefer | 9:00am Weekly Text Study | 8:00am Morning Minyan 4:00pm Bet Sefer | 6:15pm Kabbalat Shabbat | Parashat Shemot 9:00am A Taste of Text Study 9:30am Shabbat Services Kiddush sponosr4ed by Renee Marx 12:45pm Mah Jongg |
| | | | | | 4:53p Candle lighting | 5:55p Havdalah |
| 15 (22 Tevet) | Gan & Office closed for Martin Luther King Jr. Day 8:00am Morning Minyan Bar Mitzvah of Gabe Abrami | 17 (24 Tevet) 4:00pm Bet Sefer | 18 (25 Tevet) 9:00am Weekly Text Study | 19 (26 Tevet) 8:00am Morning Minyan 4:00pm Bet Sefer | 20 (27 Tevet) 6:15pm Kabbalat Shabbat | 21 (28 Tevet) Shabbat Mevarchim Chodesh Shevat Parashat Vaera 9:00am A Taste of Text Study 9:30am Shabbat Services Bar Mitzvah of Ari Lipsett with Childcare available 10:00am Jr Congregation |
| | | | | | 5:01p Candle lighting | - |
| 22 (29 Tevet) | 23 (1 Shevat) Rosh Chodesh Shevat | 24 (2 Shevat) | 25 (3 Shevat) | 26 (4 Shevat) | 27 (5 Shevat) | 28 (6 Shevat) Parashat Bo 9:00am A Taste of Text |
| 7:00pm Confirmation Class 8:00pm Intro to Judaism | 8:00am Morning Minyan | 4:00pm Bet Sefer | 9:00am Weekly Text Study 7:30pm TBA Book Club | 8:00am Morning Minyan 4:00pm Bet Sefer | 6:15pm Kabbalat Shabbat | Study 9:30am Shabbat Services Bat Mitzvah of Hannah Sumner with Childcare available 12:45pm Mah Jongg |
| 20 /7 () | 20 (0.01 - 1) | 21 (0.01) | | | 5:08p Candle lighting | 6:09p Havdalah |
| 29 (7 Shevat) | 30 (8 Shevat) | 31 (9 Shevat) | | | | |
| 7:00pm Confirmation Class 8:00pm Intro to Judaism | 8:00am Morning Minyan | 4:00pm Bet Sefer | | | | |

Temple Beth Abraham 327 MacArthur Boulevard Oakland, CA 94610

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