"The Still, Small Voice": page 4
Voice of the Jewish community: page 7
Welcoming the voice of our new cantor: page 7
Reconstructing one’s voice: page 11
Silencing one’s voice: page 12
Voice of the community in photos: page 13
DIRECTORY

GENERAL INFORMATION:
All phone numbers use (510) prefix unless noted.

<table>
<thead>
<tr>
<th>Mailing Address</th>
<th>336 Euclid Ave. Oakland, CA 94610</th>
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<tr>
<td>Hours</td>
<td>M-Th: 9 a.m.-4 p.m., Fr: 9 a.m.-3 p.m.</td>
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<tr>
<td>Office Phone</td>
<td>832-0936</td>
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<tr>
<td>Office Fax</td>
<td>832-4930</td>
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<tr>
<td>E-Mail</td>
<td><a href="mailto:info@tboaokland.org">info@tboaokland.org</a></td>
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STAFF

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<thead>
<tr>
<th>Rabbi (x 213)</th>
<th>Mark Bloom</th>
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<tr>
<td>Cantorial Soloist</td>
<td>Yael Krieger</td>
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<tr>
<td>Gabbai</td>
<td>Marshall Langfeld</td>
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<td>Executive Director (x 214)</td>
<td>Rayna Arnold</td>
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<td>Office Manager (x 210)</td>
<td>Virginia Tiger</td>
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<tr>
<td>Bet Sefer Director</td>
<td>Susan Simon 663-1683</td>
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<tr>
<td>Gan Avraham Directors</td>
<td>Jill Rosenthal &amp; Marta Molina 763-7528</td>
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<tr>
<td>Bookkeeper (x 215)</td>
<td>Suzie Sherman</td>
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<tr>
<td>Facilities Manager (x 211)</td>
<td>Joe Lewis</td>
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<tr>
<td>Kindergym/ Toddler Program</td>
<td>Dawn Margolin 547-7726</td>
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OFFICERS OF THE BOARD

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<tr>
<th>President</th>
<th>Alice Hale 333-0416</th>
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<tr>
<td>Vice President</td>
<td>Aaron Goldberg 917-226-1399</td>
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<td>Vice President</td>
<td>Ann Rapson 612-2304</td>
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<tr>
<td>Vice President</td>
<td>Jessica Sterling 415-640-5003</td>
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<td>Vice President</td>
<td>David Goodwin 655-0529</td>
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<td>Secretary</td>
<td>Larry Reback (415) 690-9735</td>
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<tr>
<td>Treasurer</td>
<td>Peter Miller 652-7814</td>
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<tr>
<td>Immediate Past President</td>
<td>Laura Wildmann</td>
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COMMITTEES & ORGANIZATIONS: If you would like to contact the committee chairs, please contact the synagogue office for phone numbers and email addresses.

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<th>Adult Education</th>
<th>Aaron Paul</th>
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<tr>
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<td>Stephen Shub</td>
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<td>Rick Heeger</td>
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<td>Omer</td>
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<td>WLCJ Torah Fund</td>
<td>Anne Levine</td>
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<td>Women of TBA</td>
<td>Kathy Saunders &amp; Dina Hankin</td>
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<tr>
<td>Youth/BBYO/Laatid</td>
<td>Amanda Cohen</td>
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SERVICE SCHEDULE

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<tr>
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<th>ONGOING EVENTS</th>
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<tr>
<td>Monday &amp; Thursday Morning Minyan</td>
<td>In the Chapel, 8:00 a.m.</td>
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<tr>
<td>Friday Evening (Kabbalat Shabbat)</td>
<td>In the Chapel, 6:15 p.m.</td>
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<td>Candle Lighting Times (Friday)</td>
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<tr>
<td>June 7</td>
<td>8:11 pm</td>
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<td>June 14</td>
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<td>June 21</td>
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<td>June 28</td>
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<td>Shabbat Morning</td>
<td>In the Sanctuary, 9:30 a.m.</td>
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<td>Torah Portions (Saturday)</td>
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<td>June 1</td>
<td>Bechukotai</td>
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<td>June 8</td>
<td>Bamidbar</td>
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<td>June 15</td>
<td>Nasso</td>
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<td>June 22</td>
<td>Beha’alotcha</td>
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<td>June 29</td>
<td>Sh’lach</td>
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Visit the TBA website calendar for July and August candle lighting times and Torah portions.

WEEKLY TEXT STUDY with Rabbi Bloom

Pirke Avot | Every Wednesday, 9am-10am

L’Acajou Bakery and Cafe
5020 Woodminster Lane, Oakland
Beginners welcome.

MORNING MINYAN

Mondays & Thursdays in the Chapel

Minyan service, starts at 8:00 a.m., lasts about an hour, and is really a great way to start the day. As an added bonus, breakfast is served immediately afterwards.

MAH JONGG

Join us to play, usually on the second Shabbat of each month as we gather in the Chapel after Kiddush.

For beginners and experienced players.

June 8

EASIEST FUNDRAISING FOR TBA

Use Amazon and TBA will receive a percentage
Go to this link and enjoy your shopping!:
http://smile.amazon.com/ch/94-1375793
UPCOMING SPECIAL EVENTS

TEMPLE BETH ABRAHAM
HIGH HOLY DAYS SERVICES SCHEDULE
5780/2019

ROSH HASHANAH
Erev Rosh Hashanah Service
Erev Rosh Hashanah Kiddush sponsored by the TBA Minyan Group
First Day Service
Family Service (Children 2 yrs.-1st grade)
Youth Services (Children grades 2-6)
Tashlich Service

Second Day Services

YOM KIPPUR
Kol Nidre
Morning Service
Family Service (Children 2 yrs.-1st grade)
Youth Service (Children grades 2-6)
Yizkor Service
Study Session
Individual Blessings
Martyrology Service and Mincha
Neilah

Break the Fast sponsored by the Mollie Hertz Interfaith Outreach Fund

SUUKOT
First Day Service

SHEMINI ATZERET
Shemini Atzeret/Yizkor

SIMCHAT TORAH
Erev Simchat Torah Family Service
Simchat Torah

Experience being encircled by the Torah, followed by music and dancing

Women of TBA & Men’s Club Summer Events

Girls Night Out: Summer Reading
Tuesday, June 4th, 7-9 PM
Baum Center
Get ready for summer with WTBA’s great book recommendations. Clear your shelves and bring some books to swap! NOTE THIS IS A TUESDAY!

Men’s Club Serves at CityTeam
June 30, 7-9PM
The Men’s Club has committed to serving dinner on the 5th Sunday of the month. Anyone 14 years or older can sign up. Here is the link that you will need to sign up: http://tbamensclub.cityteam.volunteerhub.com/. It is very important that anyone who is planning on volunteering register using this link as CityTeam’s liability wavier is attached at the end of the process. Please sign up for June 30 now. Here’s a link to the volunteer FAQ, https://www.cityteam.org/volunteer/.

Shavuot
5779/2019

Saturday evening June 8: Tikkun Leil Shavuot, Night of Study Session will be led by Rabbi Natasha Mann. Join together at 8:30pm in the Social Hall.

Sunday, June 9 Rabbi Mann will led us in Shavuot Services beginning at 9am in the Chapel followed by Kiddush Lunch

Monday, June 10 Rabbi Mann will led us in 2nd Day Shavuot also beginning at 9:00am including Yizkor followed by a Kiddush Luncheon
**Is the small voice the loudest voice?**

Perhaps the most important use of the word “voice” in the High Holiday liturgy as well as in the Tanach, on which the passage is based, is what is known as the “kol d’mama daka, the still, small voice.”

It appears during the the Unetaneh Tokef, where following the words “Ushofar godol yitaka, the great shofar is sounded,” it says “v’kol d’mama daka yishama, a silent, small voice is heard.” Cantor Richard Kaplan does this so beautifully when he would make his voice sound like the shofar itself, yitaka-a-a-a-ah and then whisper the line “v’kol d’mama daka, the still, small voice.” The contrast is stark; it is almost as if the still, small voice is louder than the blast of the shofar.

The context of the phrase makes this even more fascinating. The phrase actually comes from the story of Elijah and his contest with the Prophets of the idol Baal, where there is a fire on the mountain and the prophets of Baal burn. The Biblical passage is I Kings 19:11-12. The full text reads:

There was a great and mighty wind, splitting mountains and shattering rocks by the power of Hashem. But God was not in the wind. After the wind, an earthquake, but God was not in the earthquake. After the earthquake, fire, but God was not in the fire. And after the fire—a still small voice.

The idea seems to be that God’s presence is found at least as much in the quiet as in the noise.

But that voice can be hard to find. We have a great deal of “noise” in our lives, both literally and figuratively. We have a hard time turning off our smart phones. Music blasts in nearly every restaurant and store we frequent. We also have stresses, distractions, feelings that are hard to tone down in order to concentrate on what is most important, not to mention connecting with people and with God.

So we have to do a better job of listening—to others, to our hearts, to the Jewish tradition, to the still, small voices that surround us every day. But they are out there. We just have to pay better attention.

---

**TBA Book Club**

Our next TBA book club meeting will be held on Wednesday, July 24 at 7:15 p.m. Please note the change in time. We will be discussing the novel “The Invisible Bridge” by Julie Orringer. To learn the location, please RSVP via email to judyglick@gmail.com.

**The Invisible Bridge**

by Julie Orringer

A grand love story and an epic tale of three brothers whose lives are torn apart by war.

Paris, 1937. Andras Lévi, a Hungarian Jewish architecture student, arrives from Budapest with a scholarship, a single suitcase, and a mysterious letter he has promised to deliver to C. Morgenstern on the rue de Sévigné.

From the Hungarian village of Konyár to the grand opera houses of Budapest and Paris, from the lonely chill of Andras’s garret to the enduring passion he discovers on the rue de Sévigné, from the despair of a Carpathian winter to an unimaginable life in forced labor camps and beyond, The Invisible Bridge tells the unforgettable story of brothers bound by history and love, of a marriage tested by disaster, of a Jewish family’s struggle against annihilation, and of the dangerous power of art in a time of war.
Lift every voice: Diversity of voices sound better than one
By Alice Hale

I have never liked listening to Boys Choirs. Part of it is a grudge – when I was growing up in Phoenix, Arizona, I was always jealous of the boys I knew in the Phoenix Boys Choir who got to travel all over the world and get a top-notch musical education, which was not available to me or others of my gender.

But part of it is also that I just don’t think choirs that feature only one gender are that interesting to listen to. I prefer lots of different kinds of voices combining together to sing. The layering of many different high and low voices is so much richer and more beautiful, I believe.

That desire to hear lots of different kinds of voices extends beyond singing. To me, an exciting and dynamic classroom is one in which you hear lots of voices, whether it is in preschool or college or any point in between. I remember my daughter’s first-grade teacher telling us about the unusual way she worked in the classroom and said, “They shouldn’t hear my voice that much. They don’t need to hear my voice, they need to hear their own voices.”

One of the hardest parts of being a college teacher is trying to inspire my students to speak up and use their voice in my classroom. I will often have a handful of very talkative students and then a large number who never speak to the entire class. So I try to get them to speak together in small groups, so they get a chance to use their voice in a less intimidating setting.

Some might think of too many voices as noisy, a cacophony, and sometimes, they are right! Especially if the voices are arguing or threatening. But hearing many voices engaged in discussion, in problem-solving, and in creating are, to me, a beautiful noise. And I think for too long we have silenced so many, that now a little noise seems a small price to pay to hear new voices that might be telling us things we need to know.

A New Voice at TBA
Recently, at TBA we just made a big decision involving voices. In our search for a new Cantorial Soloist, we invited two candidates to lead services and then asked the congregation to use their voice to tell us what they thought. In all, we had about 80 member families represented in our comments, and we so appreciated the time everyone took to listen to the candidates and give us their comments. I also want to thank Past President Laura Wildmann who chaired the search, and Marshall Langfeld, Jacqueline Palchik, Nathanial Jones, Aaron Paul, David Mendelsohn, Joan Korin, Larry Reback and Sandy Margolin for serving on the search committee.

I am very pleased to say that after reading the comments, discussions with the Search Committee and the Board of Directors, and a vote at the Annual Meeting, we have selected Yael Krieger as our Cantorial Soloist for the High Holidays and over the next year at occasional Shabbatot. With Yael and our ever-growing team of lay leaders we hope to continue encouraging our congregation to raise their voices in prayer and singing at our services every week.
**COMMUNITY**

**About The Jewish Foundation for the Righteous**

Submitted by Misia Nudler

The Jewish Foundation for the Righteous (JFR) was established in 1986 by Rabbi Harold M. Schulweis to fulfill the traditional Jewish commitment to hakart hatov, the searching out and recognition of goodness. The JFR honors and supports Righteous Gentiles, non-Jews, Christians and Muslims, who risked their lives to save Jews during the Holocaust. The Foundation provides monthly support to some 300 aged and needy rescuers in 20 countries. Through its national education program, the Foundation also preserves the legacy of the Righteous and educates teachers and students about the history of the Holocaust.

In the past twenty-seven years, the JRF has distributed more than $40 million to aged and needy rescuers. We must continue to thank and support these extraordinary individuals who were the lone lights in the darkness.

In sharing the stories of the Righteous, The Foundation strives not only to honor their place in history, but also to stress the importance of their example for these times. These men and women remind us that in the midst of unspeakable evil, each human being has the capacity to act humanely and to make a difference, a lesson that is often eclipsed by the legacy of hatred, brutality, and suffering that dominates contemplation of the Holocaust.

For more information about the work of The Jewish Foundation for the Righteous or to learn more about the rescuers, please visit their website www.jfr.org or contact:

The Jewish Foundation for the Righteous
80 Main Street, Suite 380, West Orange, NJ  07052-5438
212-727-9955

**Cover Artists Bio:**

This month’s cover art is by TBA member Michael Bostick. It’s from a 4’ x 5’ painting of his front yard he completed May 19th called “The Splendor of the New Fig Leaves.” Bostick’s article on page 11 talks about his ongoing recovery from a concussion that impacted his voice and explains this art work’s relationship to the month’s theme: “I need deep silence to heal properly but this is, in fact, quite hard to come by in this hustle bustle city life ...The inner voice harkens for clarity and normalcy, but every morning, the spinning continues. To accept the fact that the brain is not invincible and must recover on its own terms, is truly a test in trust and patience. Fortunately, I have one particular talent that is fulfilling and provides a sense of worth and accomplishment: painting. Similarly during my last concussion, I spent much of my days painting in my garden. It seems right brain activity is perfectly suited to a compromised noggin. This concussion has allowed me to invest deeply in the healing process of listening to the ‘voice’ of Nature through art.”

**THE OMER**

We accept member submissions. Deadline for articles and letters is the seventh of the month preceding publication.

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<tr>
<th>Editors in Chief</th>
<th>Lisa Fernandez &amp; Rachel Dornheim</th>
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<tbody>
<tr>
<td>Layout &amp; Design</td>
<td>Jessica Sterling</td>
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<tr>
<td>Calendar</td>
<td>Virginia Tiger</td>
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<tr>
<td>B’nai Mitzvah Editor</td>
<td>Susan Simon</td>
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<tr>
<td>Help From Cover</td>
<td>People like you!</td>
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<tr>
<td>Cover</td>
<td>Michael Bostick</td>
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<td>Charles Feltman, Susan Simon, Debbie Spangler</td>
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<tr>
<td>Distribution</td>
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<td>Mailing Address</td>
<td>336 Euclid Ave. Oakland, CA 94610</td>
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<td>eMail</td>
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**TEMPLE BETH ABRAHAM**

is proud to support the Conservative Movement by affiliating with the United Synagogue of Conservative Judaism.

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TBA welcomes new voice: Cantor Yael Krieger
By Yael Krieger

I am so excited to be joining the Temple Beth Abraham Community. Leading people in song and prayer is something that is part of my core. I was born on Kol Nidrei night, the daughter of a cantor, who welcomed me into the world with a song. Immediately following my bat mitzvah, having mastered all of the Shabbat liturgy, my father started training me for leading high holiday services. And ever since I was 18, I have held high holiday pulpits throughout the United States.

During college I had the incredible experience of singing with Pizmon, the Jewish a cappella group of Columbia University and the Jewish Theological Seminary. With Pizmon, I traveled around the world performing and teaching Jewish music. After college I began my career as a special educator, teaching emotionally disturbed students in New York City. I then studied at the Pardes Educators program in Jerusalem. In Jerusalem, I davened an independent traditional-egalitarian minyan called Kedem. Through my experience in this minyan, I deepened my knowledge and abilities in integration of niggun and song into prayer, learning how to mindfully choose and intentionally balance the familiar nusach with song.

To my good fortune, after four years of living in Jerusalem, I found a job that melded my passion for education with my passion for Jewish life and learning. Since moving to the Bay Area in 2011, I have been the Director of Educational Support at the Jewish Community High School of the Bay. A core part of my (weekday) job is helping teachers access their creativity in finding multiple ways for students to learn. Leading prayer harnesses those same values, challenging the Shaliach Tzibbur to offer multiple opportunities for people to access the divine.

Over the past eight years of living in Berkeley, my husband, Rabbi Joshua Ladon, and I have created a family. My daughter, Elisheva Maayan, is 6 years old and completing first grade at Oakland Hebrew Day School. My son, Zohar Yisrael, is 4 years old, and is loving his time at Gan Shalom Preschool. And my daughter Yona Sima, will turn 1 in July, and is simply scrumptious. I feel so fortunate for the opportunity to be the part-time cantorial soloist at Temple Beth Abraham, and I look forward to connecting with the community.

A Voice for the Jewish Community
By Jessica Sterling,
JCRC East Bay Program Assistant

The Jewish Community Relations Council (JCRC) is a public affairs organization working on behalf of the Bay Area organized Jewish community in San Francisco, the Peninsula, Marin, Sonoma, Alameda and Contra Costa Counties.

JCRC ensures that our Jewish values are recognized, heralded, amplified and shared. The organization accomplishes its mission by building relations with other faith, interest and ethnic based groups that share our passion for social justice and tikkun olam. In essence, we serve the community as its voice in the public square and I have found JCRC to be an essential resource.

In a typical day in my role with the Easy Bay Program, I may meet with an elected official to advocate on behalf of the community, participate at an interfaith council meeting, organize an educational event, or assist a civic leader in responding to local anti-Semitic or anti-Zionist incitement. I also assist Jewish parents when incidents of anti-Semitism occur in public schools and send calendar reminders to all public school districts in Alameda and Contra Costa County to assure that major Jewish holidays are not neglected in school scheduling.

Importantly, we are a consensus organization. As a group our Assembly – which includes synagogue representatives and at-large members – grapples with current issues, crafting “consensus policy statements” that form the basis for all JCRC activities. The result of extensive deliberation among divergent views, these statements cover everything from immigration reform and economic justice to reproductive rights and Middle East policy. (See full list here: https://jcrc.org/what-we-do/consensus-statements/)

If you have any questions about JCRC, would like to support our work through a donation, or join our mailing list, please call my direct line at 510-809-4903 or email jsterling@jcrc.org. Like us on Facebook (San Francisco JCRC), follow us on Twitter or Instagram (@SFJCRC) and remember to check out our website at jcrc.org.
**Member Contributions at Work: The AED Donation**

WTBA has over 100 members, and we are able to grow your dues through fundraising and other great events. This enables us to give financial support to The Gan, Bet Sefer, seniors, mishloach manot, Erev Xmas, and other community activities.

We are proud to donate an additional AED Defibrillator to the synagogue. This donation was personal to us. The AED not only supports the entire TBA community, but for one of our board members, could have saved her parent’s life, had there been one at the facility where her parent was when needed.

This donation truly is a gift to TBA from our entire WTBA community! Thank you!

**We are Grateful for our Members**

Many thanks to WTBA Member and Executive Coach Johanna Sussman Ilfeld for leading an inspirational evening of creating our Vision Boards for 2019-and-beyond. We started with a guided meditation and then got to work and fun clipping, pasting, noshing and schmoozing!

This event is always a fan favorite. Thanks also to our members who made this a special evening.

We are thankful for our Bingo volunteers: Flo Raskin, Freya Turchen, and Wendy Siver for leading the games this month, and for Stacy Margolin for organizing this mitzvah. You too, can become a bingo volunteer – it is a fun and appreciated way to spend an afternoon (see below).

**Bingo needs YOU - no long-term commitment required!**

Starting in July, WTBA needs volunteers to help run monthly Bingo games at the Reutlinger Senior Home starting in July. Games are the first Wednesday of the month and run from 1 - 2:15 PM. If you can volunteer, even just once, it will be appreciated.

If interested or for more details, please contact Stacy Margolin at stasch.margolin@gmail.com.
**Todah Rabah! Yesh Atid!**  
By Anne Levine  
There is a future through Torah Fund and Temple Beth Abraham is a part of it.

There is a future for Conservative Jewish education and the Conservative movement and I would like to thank the members of our community who have given their support to Torah Fund this year. Special thanks to Elinor deKoven, Misia Nudler, Jessica Sterling and my very own mahjongg mavens, Renee Marx, Lynn Langfeld, Anita Bloch, Jeanne Korn and Stacy Margolin. Together we raised over $500 to support the efforts of Torah Fund this year.

The annual Torah Fund Campaign supports scholarship and programming for our future Conservative and Masorti educators, cantors, and Rabbis. Here are a few of the ways Temple Beth Abraham has felt the impact of this programming:

Jewish Theological Seminary in New York where our members Jennie Chabon trained as a cantor and Jessica Dell’Era continues her rabbinic studies.

Zeigler School of Rabbinic Studies in Los Angeles where newly ordained Rabbi Natasha Mann has completed her training.

The Schechter Institute of Jewish Studies in Jerusalem, Seminario Rabinico Latinoamericano in Buenos Aires and Zacharias Frankel Seminary in Potsdam Germany benefit as well.

Money raised through Torah Fund assists these programs in large ways like building and living site improvements and in small ways like scholarship and emergency funds for students as they move through their training.

It has been my pleasure to serve as your Torah Fund Chair this year. Watch for our future Torah Fund events in the Fall Omer. Contact Anne Levine by email, annelevine52@gmail.com, or by phone, 510-407-0167, to learn how you can participate this year.

---

**Women of TBA**

**June Events:**

**Summer Reading GNO (Girls Night Out)**

NEW DATE!! Tuesday, June 4th, 7-9 PM, Baum Center

Get ready for summer with WTBA’s great book recommendations. Clear your shelves and bring some books to swap! NOTE THIS IS A TUESDAY!

**Food Sort at Alameda County Community Food Bank**

Sunday, June 23rd, 1 - 4 PM

Join our greater TBA community to sort food at the Oakland facility. This is a rewarding way to meet new friends from TBA and other like minded East Bay volunteers. To sign up contact: rachelgoldstone@comcast.net or dinah.mckesey@gmail.com

Organized by TBA’s Social Action Committee & WTBA

**Looking ahead - Mark your calendars**

**Acoustic Shabbat with Pizza**

Friday, August 9th, Services begin at 6:15 PM

Mark your calendars and bring the kids for the Shabbat Pizza Party sponsored by WTBA! Watch your emails and Facebook (Women of TBA) for more details.
We need your help!

JOIN TBA’s Social Action Committee & WTBA

SUNDAY, JUNE 23, 1 - 4 PM

LET’S SORT FOOD AT
ALAMEDA COUNTY
COMMUNITY FOOD BANK
7900 Edgewater Drive, Oakland

Space is limited!
Any questions or to sign up contact:
Rachel: rachelgoldstone@comcast.net or
Dinah: dinah.mckesey@gmail.com

Volunteers must be at least 10 years old. Youth
10-17 years need a waiver form signed by a parent.

Social Action Committee Report

By Jessica Sterling, Social Action Committee Chair

A big thank you to this year’s Social Action Committee members: Amanda Dahan, Rachel Goldstone, Dinah McKesey, Stacy Month, and Larry Polin.

This committee was formed early in 2019 and we met twice. The committee discussed issues that affect our local community and is looking forward to putting words into action.

On June 23rd Rachel Goldstone and Dinah McKesey are organizing an event at Alameda County Community Food Bank. See info box in the upper left column.

The committee is coordinating a “build day” with Youth Spirit Artworks to construct a tiny house for a member of the YSA community. This will be in late August/September. Look for updates in your email inbox.

Our work with CityTeam resumed last month thanks to Bryna Ross. Bryna secured fourth Sunday dinner for TBA members and friends. Please sign up through the CityTeam calendar.

Additionally, Rick Heeger and the Men’s Club have committed to serving diners on fifth Sundays this year.

Our annual Social Action events include:

• High Holy Day food collection for the Alameda County Community Food Bank. Attendees to Holy Day Services are encouraged to bring canned and boxed food. This food drive lasts from Rosh Hashanah through Sukkot.

• Holiday Dinner Drive: TBA sends out envelopes for the Alameda County Community Food Bank for Turkey Holiday Dinners for those in need. For every dollar raised, three families receive a complete holiday meal. We collect the funds during October and November. Dinners are given out by the Food Bank for Thanksgiving and Christmas. In the past few years, TBA has become one of the leading religious institutions supporting this effort to feed the hungry.

• Warm Coat collection: During the cold months of December and January we collect new and lightly used coats, jackets, and blankets for a local homeless shelter.

• Tu B’Shevat brings Save the Bay wetland restoration.

• Baby Clothes Collection for 0-12 month babies.

• During Pesach we support Mazon with a donation of funds from the purchasing of chumatz from our TBA members. The Mazon organization is a Jewish response to hunger. For additional info go to: www.mazon.org

• Children Book Drive culminates the year for our youngest TBA members at our Preschool–Gan Avraham.

Questions to Jessica at jessica.sterling@ymail.com or visit https://www.interfaithac.org/
The Voice of the Vulnerable Mind – A Cautionary Tale
By Michael Bostick

For the last 3 months, my “voice” has been skewed by the mind-altering effects of a concussion as a result of having slammed the back of my head, after epically wipping out after barreling down a black diamond ski run at Alpine Meadows. Evidently, I’m not 22 anymore, much as I’ve thought otherwise. Instead, I was sorely reminded that at 59 years old, shredding steep moguls and taking jumps is not necessarily the best way to assure my eternal youth. And yes, I was wearing a helmet! Not much of a help to protect that pea brain of mine from sloshing around!

This being my second concussion, I had some idea of what to expect: 3-4 days after the impact, the dizziness, headaches, fatigue and trepidation – the Four Horsemen – would set in. Thereafter, it was anybody’s guess as to the extent and duration of what’s called the Post Concussion Syndrome. It could be a few days, a few weeks or, in some cases, a few years, before the symptoms would fade and normal cognitive functions would return. I’m still, as of this writing, not out of the confusing woods yet, despite my usual sardonic tone. Some days are worse than others. Just when I think I’ve turned a corner, a setback strangely occurs.

Nothing can prepare one for the challenge and uncertainty that overtakes your entire being following a concussion. There are no boundaries and no indicators for what to expect. Drugs, therapies, scans, advice have little bearing on one’s recovery and capacity to deal with the symptoms. Doctors, holistic or otherwise, bless their good intentions, really have little to offer so far as any reassurance that all will be well. In short, nobody knows how the brain heals itself nor what best to promote its healing, other than rest and managing the symptoms with patience and awareness. Not much of a remedy.

Not having your brain function properly reveals the deepest form of incapacity. One’s identity, one’s voice, is essentially derived from being able to think, organize ideas, communicate logically, convey observations of reality. In a sense, the inability to focus deprives us of the experience of being present and competent in engaging ourselves and others.

I’ve been off work for the last 2.5 months, on disability, unable to drive much of the time, limited exercise, minimal participation in most normal activities. I’m very sensitive to noise and lights, especially those infernal leaf blowers, chain saws, constant jet traffic over the East Bay. TV and screen time is limited, as is most socializing. Believe me, no fun!

Once afflicted, I have seen and felt how much the brain processes at any given moment. So much data and perception is managed in the background, more or less unconsciously. Driving, for instance, requires an extraordinary amount of filtering out of so much stimulus flying by, keeping track of everything around you, staying focused up ahead, listening to NPR, much less all the texting, talking and grooming while driving. Concussed, it’s utterly overwhelming.

I need deep silence to heal properly but this is, in fact, quite hard to come by in this hustle bustle city life. Conversely, constant relegation to being at home all the time is also hard to deal with, especially for active types like me. The inner voice harkens for clarity and normalcy, but every morning, the spinning continues. To accept the fact that the brain is not invincible and must recover on its own terms, is truly a test in trust and patience.

Fortunately, I have one particular talent that is fulfilling and provides a sense of worth and accomplishment: painting. Similarly during my last concussion, I spent much of my days painting in my garden. It seems right brain activity is perfectly suited to a compromised noggin. This concussion has allowed me to invest deeply in the healing process of listening to the “voice” of Nature through art.

I still have to accept this unforeseen outcome as “meant to be” and more so, necessary for my evolutionary appreciation of who I am as an occasional, as my wife might assert, conscious being. We take our minds for granted, as if thinking and perceptive awareness are a given. What I have learned, frustratingly again, is that the line between consciousness and stupor is very thin indeed. We think that the voice in our head will always be there, providing us with its usual neurotic analysis and commentary about why what we say or do matters and why the world should, accordingly, revolve around us.

Alas, such hubris must be eschewed. Consciousness is not a certainty and, at any given moment – BOOM! – our
basic confidence in ourselves, our expectation of normalcy, our voices, our stature, our grand plans and visions, may suddenly be thrown asunder.

Those of you who have suffered this sort of upending know exactly what I’m talking about. The rest, beware. Protect your heads, oh vulnerable Minds, and especially your children’s heads, at all costs. Have them play tennis instead.

If ever you find yourself in this Vertiginous Land of the Concussed, don’t hesitate to reach out to me at msboystick@msn.com. It does help to talk to others who’ve been there – and emerged through the veil.

Singing in shul is like a warm blanket; melodies are comforting

By Amy Gerard

As a child I was painfully shy. So shy, that I would make my 4-year-old brother order my ice cream for me because my 7-year-old self was too embarrassed to talk to the vendor.

Around the third grade, our school had an assembly and sang the song ‘Edelweiss’ from the “Sound of Music.” I was asked to sing a solo. I was so nervous to sing in front of all those people, but when I opened my mouth to sing, that all went away and I was lost in the melody. I found my voice.

In the years to come, it was not so much musical skill or talent, but something inherent to the art of singing that would not allow me to hide myself. It wasn’t every time I sang – if I picked the wrong song that wasn’t sincere, or if I tried too hard to be impressive, or just tried too hard, period, the magic wasn’t there. But when I found that sweet spot, it really felt (feels) like a voice coming through me that I couldn’t hold back.

Going to our New Jersey synagogue growing up, my Dad’s beautiful voice would fill the sanctuary. I remember standing next to him, listening to his warm tones chanting the Hebrew prayers. We were a small congregation and everyone knew everyone else. He and a few other congregants even sang up on the bimah during the High Holidays and I always beamed during their performance. Their harmonies swirled around each other and embraced the whole congregation. It didn’t seem to be so much of a performance, but an expression of their friendship with each other, their love and connection to our community and of spirituality that wrapped around our little congregation, like a warm blanket.

I also have great memories of Passover Seders at my cousin’s apartment in Queens. They managed to assemble a very long table in their tiny apartment. They invited friends, neighbors, family – we all crammed in to eat delicious Israeli style food and sing Pesach songs. And again, it was our collective voices I’ll always remember that made it special.

Today, when I enjoy our services here at TBA, it’s the melodies and voices coming together that brings me back to standing beside my Dad in our congregation and experiencing the magic of the Passover Seder, as a community, as a family.

For a singer, there’s nothing worse than vocal rest

By Alicia von Kugelgen

We all use our voices on an everyday basis, and most of the time we don’t give it a second thought; I am no different. However, it is those times when it doesn’t function as expected that I learn the most about myself. I have been singing for as long as I can remember - my mother likes to tell me that I was singing before I was speaking. I began performing at the age of three, not entirely suc-
cessfully, and began studying voice seriously when I was 15. From that time until I was in graduate school I had rarely, if ever, had a time when my voice wasn’t available to me with relative ease. Then in graduate school it happened – I was put on the dreaded vocal rest. I had just performed the role of Gretel in Humperdinck’s opera Hansel and Gretel. It’s a beautiful piece of music and was well-suited to my voice and acting. There was only one serious issue, the production was a disaster! Since that time I have compared every challenging show to that one, it’s my nadir as far as working with a performing company. The stress of that single show put my voice in jeopardy for months. My doctor took one look at my vocal cords after the show closed and told me that if I didn’t go on complete vocal rest – no singing, no speaking, complete silence – for a month to six weeks I could develop nodes and destroy my voice forever.

Being a graduate school student and having to go on complete vocal rest is pretty much hell. I carried a notebook around everywhere I went, trying to write notes to make myself “heard.” I had to cancel all of my voice lessons, obviously, and couldn’t even call my boyfriend! Remember, this was before modern cell phones – no texting. I remember feeling terribly cut off not only from my community, but from my intrinsic self. It did teach me patience, with myself and others, it taught me the value of silence and introspection. It also taught me that I don’t actually enjoy silence all that much. Fortunately I healed quickly and well, was able to continue my graduate work, and eventually even call Bruce again. To this day, I don’t deal well with silence – I need music to concentrate, even the sound of my own typing can be comforting. I learned a great deal about my voice and its well-being as well. Now when I feel myself becoming ill, run down, or vocally stressed I know that I can take the time off from my own sound. But it’s always still there, in my head.

Unforgettable Voices
Book review by Leah Goldberg
What I Have to Tell: A Memoir by Renate Justin, MD

Generation Z may not have met Holocaust survivors and Generation Alpha most certainly will not remember them, even if lucky enough to meet these extraordinary people. The only voice we have to share with these younger generations (and those to come) are the survivor’s voices in media such as books and films. I write to share the voice of one such survivor, told in her own words. This book is What I Have to Tell by Renate Justin, MD.

During Ms. Justin’s life, she wrote a children’s book to tell children about her experience in Nazi Germany. After her passing in 2017, her daughter found her memoir and passed it onto Crystal Publishing, the same publishers of her children’s book.

The story of this book highlights two extraordinary stories. The first is Dr. Justin’s story which is written in beautiful prose. Each short chapter contains photographs from her life, including her life in Germany making it an interesting read for all ages.

The second story is one of the publisher. Patricia Landy was a Classics professor in Wyoming before going into publishing. To my understanding she has no significant ties to the Jewish community, but chose to publish both
SCHOOLS AUCTION: CALIFORNIA DREAMING
Award-winning essay: Moral Courage

By Miriam Ilfeld, 5th grader at CCJDS

Imagine you are at lunch and you see a few students picking on a first grader. Would you look away and just let it happen or would you stand up for the first grader and try to stop the bullying? If you were to stand up for the first grader would you be acting with moral courage? Moral courage is the act of being brave and standing up for what you believe in, even when you risk your social acceptance or personal safety. Moral courage is really important to have because people need those helpers and you need to be brave and help those who are in need. I believe Helen Fixler exhibited a lot of moral courage during the Holocaust.

Helen Fixler was an ordinary teenager who lived in Poland. One day, Helen noticed through the window that the Germans were coming and she ran and hid in the corner, petrified. Within a week the Germans had taken over her city. Eventually, Helen and her family were moved to ghettos. A rumor spread to Helen’s dad and he told his family that the Nazis were going to round up all the Jews and kill them. They fled the ghetto that night and hid in the woods. The winters were horrible and there was barely any food, so they were lucky if they found a rotten potato. Helen was really miserable and sometimes she even wished she could have been killed.

One and a half years later, the Ukrainians found them in the woods and killed most of the families. Helen and her dad were part of the eleven or twelve survivors, but her dad was wounded and they hid in a haystack in a barn for six months. Every night, Helen would try not to get caught while going down to the creek to get a few rags wet to put on her father’s wound. The creek was covered in ice so Helen had to break the ice with her swollen, barefoot feet. The farmer’s wife found out they were hiding in the barn and was sympathetic, without telling the farmer, who would have turned them in. The wife would occasionally sneak them the extra food scraps after meals.

We have been talking about the rescuers in class, and I think Helen Fixler was herself a helper because she was using moral courage. She would go out every night and get the rags wet with the chance of getting caught and being killed. She has taught me to always to stand up for what I believe in, to face your fears even in the worst of times, be brave and don’t let your fear hold you back.

In first grade, we read a book called “Have You Filled a Bucket Today?” by Carol McCloud. Filling someone’s bucket means treating them with kindness. I think this book connects to Helen Fixler and your everyday life because you would try to fill someone’s bucket every day with an act of moral courage, however big or small.

Correspondence

Dear Mrs. Fixler,

My name is Miriam Ilfeld and I go to Temple Beth Abraham like you. I go to Contra Costa Jewish Day School. At school we are talking about the Holocaust. WE had an essay contest at school for 5th through 8th. I am in 5th grade. My essay prompt was someone who used moral courage during the Holocaust. Out of all the people who used moral courage, I chose you. Your story is so inspiring to learn about and write about. I can’t believe you would go to the creek to get rags wet. On May 2, I found out I won the contest. I want to share my essay with you and hear your feedback. I am also sorry about what you went through. I can’t wait to hear back from you.

From, Miriam

Dear Miriam,

I want to thank you for sending a copy of your essay in which you write about me how I survived the Holocaust. I am very happy and proud of your winning first place of all the students.

It makes me feel good to see that you and young students are interested to learn about the Holocaust. In no time there will not be any Holocaust survivors left to tell their stories.

The Holocaust must be taught to all people and never forgotten.

With all of my love to you,

Helen

Helen Fixler and Miriam Ilfeld are TBA members. Helen Fixler’s oral history is part of the permanent online collection of the United States Holocaust Memorial Museum website.
Summer is when my thoughts turn to grilling and not just burgers and tofu kebabs, but pizza. Pizza made on an outdoor grill is the ultimate experience. Charred crust, smoky taste and no oven to heat up. No gas or charcoal grill? These pizza recipes with a Jewish twist can be made on an indoor electric grill, a grill pan or even a heavy skillet. You can even skip making the dough if you’d like and use purchased alternatives.

The recipes below and the grilling tips come from my friend, Dianne Jacob. A nice Jewish girl with roots in Iraq, India and China who becomes an expert on grilling pizzas by making every one of the more than 75 recipes in Grilled Pizzas & Piadinas (DK Publishing), her cookbook on the topic with Chef Craig W. Priebe. They are also the authors of The United States of Pizza: America’s Favorite Pizzas: From Thin Crust to Deep Dish, Sourdough to Gluten-Free (Rizzoli).

Jacob is a Mizrahi Jew whose family traces its lineage back to first Iraq and then India before settling in Shanghai. Her parents immigrated to Canada after World War II. She doesn’t recall eating pizza before she was an adult. Jacob, who lives in Oakland, also never did much grilling before working on the cookbook, but working on the cookbook made her a fan of grilled pizza.

“Grilled pizza isn’t about being perfect; it is not about having the exact shape, it’s rustic,” she said. “You don’t need a pizza stone or any special equipment.”

To use a grill pan, indoor electric grill or heavy skillet, preheat until hot, brush with oil and cook until crust is golden brown. You can also use commercially available dough or crusts or sturdy flatbreads instead of homemade dough. I often use plain naan, which are widely available in area markets and make grilled pizza much more of an impulse dinner. (Using any of the alternatives may affect yield.) If using pre-baked crusts or flatbreads, grill one side on medium to medium-high until lightly browned and heated and use as directed for grilled crust in recipes below. Return topped crust, ungrilled side down, to indoor grill, grill pan or skillet and continue to cook on medium low to medium until bottom is golden and topping is warmed.

Turn any extra tomato sauce into a classic pizza by brushing the top of a grilled crust with 1 Tbs. olive, dusting with 1 tsp. grated Parmesan cheese, 1 cup of the sauce and 1-2 cups of shredded cheese(s) of your choice. Finish on the grill as directed below.

All recipes below adapted with permission from Grilled Pizzas & Piadinas by Craig W. Priebe with Dianne Jacob. The Millennium features Middle Eastern flavors and was adapted to be dairy free. The Ballard Lox features the Ashkenazi favorite of smoked salmon with Italian accents.

**THE MILLENNIUM**

Makes 1-12” pizza

Note: Have pizza dough, Spiced Lamb and Pizza Tomato Sauce ready before beginning.

1 grilled crust (see recipe)
1 Tbs. olive oil
1 Tbs. plus 1 Tbs. tahini
1 cup Pizza Tomato Sauce (see below)
1/2 cup thinly sliced red onions
12 pitted Kalamata olives, halved
Spiced Lamb (see below)
1 Tbs. pomegranate molasses

Brush the grilled side of the crust with oil. Drizzle 1 Tbs. of tahini and drop spoonfuls of tomato sauce on top. Add onions, garlic olives, and Spiced Lamb. Drizzle with remaining tahini and pomegranate molasses. Cook as directed in Grilled Crust recipe.

Pizza Tomato Sauce: Chop 1 small clove garlic and 8 large fresh basil leaves until fine. Mix with 1 1/2 lbs. diced, cored tomatoes (or use 2-14.5 cans, drained). Mix in 2 Tbs. tomato paste, 1 tsp. kosher salt, 3/4 tsp. ground black pepper and 1/2 tsp. sugar. Stir well. Add more tomato paste if watery. Chill for an hour. If made more than an hour in advance, take out of refrigerator 5-10 minutes before using. Makes 2 cups.

Spiced Lamb: Brown 8 oz. ground lamb. Stir in 1 tsp. dried oregano, 1/2 tsp. dried thyme, 1/4 tsp. ground allspice, 1/2 tsp. salt, 1/2 tsp. ground black pepper, 1 minced garlic clove and 2 Tbs. red wine vinegar. Simmer for 5 minutes. If made in advance, bring to room temperature before using.
THE BALLARD LOX

Makes 1-12” pizza

You’ll need the pizza dough ready to go before making this recipe.

1 grilled pizza crust (see recipe)
2 Tbs. olive oil, divided
1 Tbs. grated Parmesan
1/2 cup shredded mozzarella
1/2 cup shredded Fontina
4 cups roughly chopped arugula
1 lemon, halved
6 oz. thinly sliced smoked salmon
10 small cherry tomatoes, halved and seasoned with salt and pepper, optional

Freshly ground black pepper, optional

Brush grilled side of crust with 1 Tbs. of oil. Sprinkle with Parmesan, mozzarella and Fontina cheese.

Place remaining oil in large skillet, heat on high. Add arugula and squeeze lemon over it. Toss greens just long enough to wilt. Immediately transfer to pizza in small clumps. Roll salmon slices into small bundles and place atop arugula. Cook as directed in Grilled Pizza Crust recipe. Garnish with tomatoes and black pepper.

GRILLED PIZZA CRUST

Makes 2 Crusts

Allow 3-4 hours (or overnight) to make this dough.

Basic Dough (see below)

Flour as needed

Cornmeal as needed

When dough is ready to use, punch down dough. Lightly flour work surface. Flatten dough to about 1” thick. Cut in half with a knife. Put one piece in center of floured space. Sprinkle a little flour on top. Roll out to a rough circle about 12” in diameter and 1/8” thick. Sprinkle with fine layer of flour.

Flip a cookie sheet so bottom is up. Sprinkle generously with cornmeal so dough will not stick. Pick up crust with two hands and fold in half. Transfer to back of cookie sheet and unfold, stretching out again if needed. Repeat with second crust on another cookie sheet (or refrigerate for up to 3 days).

Preheat charcoal or gas grill until medium heat or medium high (about 400 degrees) according to manufacturer’s directions. Using tongs transfer crust from cookie sheet. If it folds over itself, quickly spread open. The dough should take about 3 minutes to cook. Bubbles should form on top. Don’t check until dough begins to firm up. Lift underside. It should be golden brown with grill marks. Bits of char add flavor.

Using tongs and or spatula return crust to back of cookie sheet. Flip so grilled side is up. Add toppings. Shift grill to indirect heat. Slide pizza onto side without coals or flames. Grill for about 5-8 minutes. Move pizza around grill if necessary. Slide pizza onto cutting board. Cut and serve immediately

Basic Dough: Add 1 packet dry yeast (2 1/4 tsps.) and 1/2 tsp. sugar to 3/4 cup warm water. Stir until yeast dissolves. Let stand until foamy (about 5 minutes) to make sure yeast is active. Stir together 1 1/2 cups unbleached flour, 1/4 cup whole wheat flour, 1 tsp. kosher salt and 2 Tbs. cornmeal in a large bowl. Mix in yeasted water and 2 Tbs. olive oil. Mix well with a strong spoon. Lightly flour a clean, dry work surface. Form a ball of dough and knead for 8 minutes until smooth. Add only enough flour to prevent it from sticking. Add 1/4 tsp. olive oil in a medium bowl. Place dough in bowl and turn to coat in oil. Cover bowl with plastic wrap and place in draft-free, warm place for 2 hours until it almost doubles in size. Chill dough in bowl for 1 hour or overnight in refrigerator.
Helping Families Find A Voice:
Gan Teachers Attend the 5th Annual Paradigm Project Conference
By Karen Llamas and Amanda Jarman

Last month, we had the opportunity to go to Chicago to attend this year’s Paradigm Project Conference. The Paradigm Project is a growing network of practitioner-activists passionate about partnering with educators to envision and realize the incredible potential of the early childhood years for children, families, educators, and communities. Their mission is to multiply, nurture and network the seeds of excellence in Jewish early childhood education. They do this by facilitating learning gatherings that empower educators with vision, tools, and a vital network of colleagues.

This year’s theme was Families (Ha’ Mishpachah). It is part of a three-year arc focusing on The Educator, The Family and next year will center around The Image of the Child. The trip was made possible by a generous anonymous donation to our school. Teachers who were interested were asked by the directors to submit written answers to a series of questions ranging from “Who are our TBA families?” to “How will you bring the learning back to the community?” We both had common goals and a passion for deepening our understanding of what it means for a family to choose Gan Avraham as their child’s first step into formal Jewish education. We also wrote about supporting our other family programs, like KinderGym and Bet Sefer.

To prepare for the trip, we had meetings with Emma (our Jewish Resource Specialist), Rabbi Bloom and Rayna. Having a broader perspective of how families are viewed and supported at TBA was integral to the process. Some reflective questions that came up were: how do we provide more opportunities for intergenerational experiences? how can families with small children connect with other members of the Temple Beth Abraham community? how can we continue to marry traditional learning with our fun and vibrant feel?

The conference itself was made up of three full days packed with networking opportunities, text studies, art workshops, curriculum talks and two keynote speakers; Wendy Mogel and Bruce Feiler. It was held at the beautiful Spertus Institute for Jewish Learning and Leadership. Situated next to Grant Park, the teachers were able to both play and study in various places around downtown Chicago. The conference also hosted an architectural boat tour of the river which flowed into a silent disco and game night to promote networking and relationship building. The Paradigm Project is a national organization and teachers came from all over the country. Having an evening to “play” after a full day of learning helped people to bond and exchange ideas, creating potential for future collaborations. Other bay area attendees included David Nuefeld from Jewish Learning Works, teachers from Ganon preschool in San Mateo, Temple Beth El in Berkeley, and both the PJCC and PAJCC.

Continued on page 19
It’s a Wrap
By Susan Simon
As I write this the school year is almost over and I feel a profound sense of gratitude toward the community that makes it happen. This community can often be effusive with their praise toward me, as though I make this school happen on my own. Nothing could be further from the truth.

We have parents who drive on the grocery store field trip, parents who staff the stations for our Sukkot festival, parents who make latkes and parents who serve latkes. We have community members who come and teach about t’fillin, and teachers who buy things for their students and refuse reimbursement. We have parents who drive to the cemetery and the mikvah, parents who count coins being donated to the food bank, parents who hang out during music to support the children, parents who spend time at the school when the teachers need some extra help, parents who make hamantashen and staff the Purim carnival.

We have parents who make themselves crazy trying to get their children to and from religious school and parents who cook for our potluck dinners following our Share a Shabbat services and all of the dinner classes where I supply pizza but parents make wonderful salads and desserts. And we have a rabbi and staff who make it all possible, from teaching songs and prayers to the endless setups we need to make the school happen every Tuesday and Thursday afternoon.

So thank you to the too-numerous-to-name wonderful adults in the lives of our children who make Bet Sefer a place of learning and fun (most days). Thank you to the wonderful people who teach in our school. I am eternally grateful to all of you.

From the keynotes to the workshops, the learning mostly centered around our hectic and stressful modern times. Presenters helped teachers to reflect on our changing roles as many children spend more time in school/childcare than ever before and parents have more stress and less time than ever before. The beginning of the conference helped participants define “What is Family?” and also examined why families may choose Jewish education. Many families are looking for connections and a way to help their child(ren) learn family/religious/cultural traditions. One thing that became apparent is the importance of families having a mission statement and deciding what values and stories are significant for their individual home. Just as a child should know the rules of the classroom, children should be able to tell what the values of their family are. Do you want to focus on kavod (respect), gemilut chassadim (loving acts of kindness), tikkun olam (repairing the world)?

Something we hope to aid families with is helping them figure out how to bring values and the story of what your family cares about to life. A recent study noted that a number one predictor of emotional health for children is being able to tell “their family story”. These children end up being far more successful in life and have more of an intergenerational connection. Judaism offers us an oscillating narrative... times are good, bad, good again... but we always manage to overcome. The message of perseverance and faith can help a child develop drive and hope even in adversity. Historically, the greatest breakthroughs have happened in moments of exile. Families can weave our rich traditions and ritual into their own modern day family struggles. We can use the stories of our ancestors to connect us to common values and ground us in times of stress.

While we reflect on how to bring all of our learning to the larger TBA community, we invite you to begin thinking about what family stories do you want to pass down to the next generation? What recipes? What ritual objects? How do we share in those wonderful stories together? How can we celebrate and comfort each other not only in the GAN but in the larger kehillah (community)?

All the teachers at the Gan are so very grateful for the support of directors, Jill and Marta, and for the support of Rayna and Rabbi Bloom. Continuing adult learning and being in a growth mindset are the things that will help our community change and shift as education moves towards a new paradigm. One that honors not just children but families, too. We look at children as B’tzelem Elochim (created in God’s image) but aren’t families just as divine?

Thank you to everyone who gives to our community in so many ways. Be it prayers, food, volunteering, attending functions, or monetary donations. All of the love that each and every one of you pours into the community will help TBA continue to thrive! We are so very grateful to have had this opportunity and hope through your continued generosity that even more teachers will get to participate next year!

B’ahavah (with love),
Amanda & Karen
| Charity is equal in importance to all the other commandments combined. |
|-----------------|-----------------|
| Murray Davis Courtyard/Next Big Thing Project | Steven Rosenthal & Ailsa Steckel, in memory of Inge Rosenthal |
| Lowell Davis | Alan & Cheryl Silver, in honor of Jon Golding’s birthday |
| Jessica Dell’Era | Martin Stone & Jan Leuin, in honor of Jon Golding’s birthday |
| Noah & Carrie Garber | Martin Stone & Jan Leuin, in honor of my retirement anniversary! |
| Gary & Faith Kramer |  |
| Jacqueline Palchik |  |
| Jack & Jeanette Jeger Kitchen Fund |  |
| Michael & Kathy Burge |  |
| Ron & Adele Ostomel, in honor of the engagement/wedding of Allie and Devin Lowenstein, grandson of Jack and Jeanette Jeger |  |
| Bet Sefer Discretionary Fund | Yom Ha Shoa Fund |
| Richard & Florena Shapiro, in memory of Robert Shapiro | Sylvia Miller, in memory of Michael Nicholas Miller |
|  | Misia Nuider, in memory of Aaron Nuider |
|  | John Rego & Deborah Kahane Rego, in memory of Sidney Szepsel Kahane |
| Gan Avraham Discretionary Fund |  |
| Risa Galant, in memory of Jean F. Galant |  |
| Daniel Levinsohn & Yulia Rozen, in appreciation of the joy the school brings to our family |  |
| Temple Beth Abraham General Fund | Rabbi Ralph DeKoven Camp Ramah Scholarship Fund |
| Harvey & Fran Blatter, in memory of Max Blatter | Elinor DeKoven, in memory of Bernie DeKoven and Ezekiel DeKoven |
| Deanna Cowan, in memory of Richard Leavitt |  |
| Alan Gellman & Arlene Zuckerberg, in memory of Edie Zuckerberg |  |
| Aretha Caron Harris, donation in honor of Passover |  |
| Leonard & Harlene Hyman, thank you for the picnic! |  |
| Sue Leavitt Andrade, in memory of Richard Leavitt |  |
| Barbara Oseroff, in memory of Philip Oseroff |  |
| Steven Rosenthal & Ailsa Steckel, in memory of Edythe Zuckerberg |  |
| Mark & Rita Royfeld |  |
| Nissan & Carol Saidian, in memory of Vernon Bonar |  |
| Curtis & Adi Schacker, in honor of Eyal Palchik’s upsherin |  |
| Steven & Victoria Zatkin, in memory of Donald Bleiberg |  |
| Women of TBA, donated an AED machine, may we never need it, but be prepared. |  |
| Burton Polse Kiddush Fund |  |
| Betty Ann Polse, in honor of Burton Polse |  |
| Larry & Deborah Reback, in memory of Albert Levine |  |
| Larry & Deborah Reback, in memory of Herman Weisman |  |
| Martin Stone & Jan Leuin, in memory of Agnes Pencovic |  |
| Steven Steiner & Sarilee Janger, in honor of Steve’s 70th Birthday |  |
| Minyan Fund |  |
| Jeffrey & Judith Quittman, in memory of Leonard Quittman |  |
Hi, my name is Joseph Charlesworth, I am a 7th grader who goes to Claremont Middle school. I enjoy playing baseball, playing a card game called magic, video games, and of course, hanging out with friends.

My Torah portion is called V’etchanan from the book of Deuteronomy. It consists of Moses making his final speech to the Israelites. It includes two very important prayers: the Shema and the V’ahavta. Most importantly, Moses reminds the Israelites of their covenant with G-d. I will be focusing on covenants in general, and their importance.

I’d love to see you on August 17 for my Bar Mitzvah.

Community, cont. from page 13

the children’s book and this memoir so that the world never forgets what happened in Nazi Germany. With so many Holocaust deniers spouting off, I applaud Crystal Publishing for sharing the Dr. Justin’s voice.

“Never forget” is not the only message to come out of the atrocities of World War II. Survivor Renate Justin, MD, in her book What I Have to Tell, shares the amazing story of her life that began in Germany in the 1920s. In response to anti-Semitism, she challenges us not to confront hate with hate, but to seek justice for all people everywhere.

Dr. Justin was born in Germany to a fairly well-to-do family that owned and operated a mill. She describes how the rise of the Nazis and their early anti-Semitic decrees shattered their tranquil world. As it became more dangerous for her to attend school, her parents sent her away to school in Holland. At the tender young age of nine years old, she traveled alone to her new school.

While away, her family’s mill and property were confiscated, her father was arrested and her mother endured Kristallnacht. Her father was mysteriously released from the concentration camp and her family escaped Germany with the help of an American charity.

Ultimately Dr. Justin’s family made it to the United States, penniless, and had to split up in order not to starve. Through hard work and after several very difficult years, her family was reunited and turned a corner economically. She attended college in the United States in the 1940s.

Her college professors warned her that “Jewish, penniless women do not get into medical schools.” Not only did medical schools have quotas on Jewish applicants, but she was a woman. Nonetheless, her persistence paid off and in 1951, she earned her medical degree. She then had to overcome both anti-Semitism and sexism. She overcame the sexism by “practicing the best medicine she knew how to practice.”

Instead of giving up, Dr. Justin established a clinic in the early 1960s for women who could not afford to go to a private physician for help with birth control. Patient numbers grew dramatically and in later years her clinic became a Planned Parenthood clinic. Throughout those years, Dr. Justin fought indefatigably for women’s reproductive rights.

Later on she moved her practice to Fort Collins, Colorado and practiced alongside her daughter. This move allowed her to assist with and watch her granddaughters grow up. Dr. Justin and her granddaughters developed a tight bond.

Nearly sixty years after leaving the anti-Semitism of Nazi Germany, anti-Semitism again shattered her life when a white supremist gunned down her granddaughter during her junior year at Wesleyan University. Even though Dr. Justin’s heart was broken and her world crushed by this senseless act, Dr. Justin found solace in her granddaughter’s words, “I cannot let my hope fly out the window of my spirit when I am in despair about the world’s problems. I am willing to make a difference in many lives, globally, and transform the hatred that exists in the emotion of love. . .” No doubt her granddaughter’s words mirrored the life her grandmother lead.

What I Have to Tell is a gratifying and inspiring memoir written by an extraordinary woman.
JUNE 1 - 7
Max Davis
Zachary Piser
Caren Sencer
Leila Bernstein
Melissa Diamant
Judah Kayman
Avery Reischer-Craft
Sarah Rothman
Ellen Rubin
Emily Miller
Daniel Gray Pascal
Hannah Rubin
Steven Aronson
Sarah Cohen
Emily Golub
Justin Hunt
Michael Aronson
Audrey Kauffman
Jose Alfredo Mendoza
Elisabeth Duffy
Rabbi Chaya Gusfield
Emma Rosenthal

JUNE 8 - 14
Bailee Shapiro
Beatrice Aronson
Leslie DeLugach
Rabbi Arthur Gould
Gerald Hertz
Joshua Kayman
Ella Sadikman
Susan Shub
Walter Chang
Alice Hale
Rayna Levine
Cameron Smith
Toya Hertz
Celine Piser
Ella Romito
David Salk
Laura Jones
Amy Moscov
Judith Quittman
Naomi Yanai
Rami Albert
Alexander Kauffman
Randall Kessler
Michael Romito

JUNE 15 - 21
Barry Barnes
Robert Eisenman
Karen Hertz
Tammy Lee
Michael Gelfand
Katherine Maidenberg
Hilda Pressman
Adi Schacker
Alicia von Kugelgen
Ernestina Carrillo
Galen Lichtenstein
Sarah Liron
Larry Reback
Helen von Kugelgen
Emma Stone
Rowan Smith
Benjamin Woskow
Aaron Belkin
Rebecca Amy Darling
Rebecca Lesser
Randy Morris
Lexi Pincus
David Reback
Talia Shalev
Karen S. Shaw
Susan Bloch
Lisa Fernandez

JUNE 22 - 30
Sheldon Kahn
Jane Kramer
Ella Pashman
Adhi Bornstein
Daniel Bornstein
David Hoffman
Dori Jacob
Jacob Rubenstein
Zachary Silver
David Stein
Donald Jurov
Josiah Larkin
Alan Silver
Shira Benau
Eric Eisenman
Lynn Gerber
Jacob Hill
Sarah Liron
Deborah Schapira
Sam Bookin
Talya Bornstein

JULY 1 - 5
Marc Barach
Fran Blatter
Barry Feiner
Lubova Fridmane
Will Steyer
Sheldon Werber
Asher Sam Jaffe
Jorja Polston
Key Francis Algre Ardito
Natalie Mendelsohn
Sam Simon
Hugo Wildmann
Ezra Chabon
Eitan Goldfein
Nolan White

JULY 6 - 12
Samantha Sheanin
Rae Marianne Bloch
Ari Brown
Ella Bradpiece
Matthew Disco
Ariella Palchik
David Plotkin
Anna Shaked
Leah Felice Wildmann
Alon Wolf
Alexis Morgan
Chris Morgan

JULY 13 - 19
Brandon Bercovich
Jennifer Berke
Matan Bostick
Tamar Breines
Bonnie Burt
Adam Davis
Maya Joseph-Goteiner
Adam Stein
Glenn Friedman
Nicole Friedman
Jessica Liloff
Matthew Perl
Shayna Silberzweig
Kenneth Benau
Amanda Eng
Eli Alexander Garber
Elaine Gerstler
Howard Hertz
Jacob Kaizer-Salk
Rebecca Wasserman
Allysa Chadow
Haydn Garfinkle
Jamie Simon
Aliza Zangwill
Lauren Beilin
Rick Heeger
Peter Mezey
Sid Polston

Kelsi Perttula
Sophie Stahl
Johnny Glick-Serogkins
Stacy Month
Meryl Segal
Gideon Boaz Singer
Michael Stevens
Jonathan Carey
Ytzhack Heber
Ruby Hertz
Oded Pincas
Sigal Plotkin
Max Schleuning
Michele Silver
Jonathan Bloch
Elinor DeKoven
Booker Holton
Elijah Miller
Maya Schacker
Benjamin Siegel
Jenette Woskow
Erica Reischer
Gary Sherne
Harper Paige Smith
Karen Friesen
Elinor Rigelhaupt
Molli Rothman
Sornel Amberg Steinberg
Levi Chabon
Reuven Glick
Louis Goodman
Noah Weininger

JULY 20 - 26
Katherine Calahan Klein
Benjamin Fisher
Rachel Goldstone
Joseph Millman
Jeffrey Quittman
Leah Romito
Xavier Avraham Woskow
Eitan Schotland
Murray Toas
Eric Friedman
Matthew Jaffe
Abraham Klein
Ronald Gerber
Judy Klein
Lindsay Kunis
Harry O’Neill
Aviva Ruth Davis
Joshua Feltman
Sarilee Janger
Yael Sherne
Harriet Bloom
Dan Finkelstein
Mayer Goldberg
Asher Rose
Isaac Charlesworth
Fiona James
Ariel McLean
Larry Wayne

JULY 27 - 31
Joseph Blumberg
Elyash Birnbaum
Josie Selvidge
Micah Trilling
Benjamin Evan Eng
Eva Katz
Daniel McLean
Jennifer Rooney
Lilah Yarden Sadikman
Alexander Schleuning
Lori Schnall
Noemi Luna Siegel
Lee Nathan
Jaime Rapaport Barry
Jill Lindenberg
Ari Perttula

AUGUST 1 - 2
Eliana Goldstein
Jonas Hagan
Brett Hodess
Robyn Hodess
Eric Horodas
Elise Woskow

AUGUST 3 - 9
Stacy Frauwirth
Annaliese Kauffman
Gregory Korn
Jade Alana Foxall
Evelyn Glick-Scroggins
Dara Goldfein
Allan Green
Jacqueline Shea Dinkin
Miriam Benjamin
Daniel Blinick
Ricardo Craft
Barbara Gross
Florence Raskin
Barry Rotman
Shirley Silver
Brent Kauffman
Gabriel Levin
Norman Frankel
Alan Gellman
Simone Weiss
David Benjamin
Amanda Bloch
Sam Chatterton-Kircheimer
Samuel Cohen
Sanford DeLugach

AUGUST 10 - 16
Neal Bloch
Andrew Gordon
Michelle Gould
Joshua Hill
Jill Levine
Joshua Polston
Dan Rubenstein
Shawn Bloch
Boris Fedorov
James Johnson
Naomi Liron
Jody London
Myra Kaplan
Sarah Rothe
Charlie Stahl
Jacob Young
Elliott Joseph Zatkin
Asher Berlin
Dean Goldfein
Mae Goldman
Sofi Hall
Garrett Langfeld
Irene Shoikhet
Yael Berrol
Rachel Chaitt
Judy Langberg
Jonathan Maltz
Nico Turner
Talia Young
Omni Aflalo
Barbara Berman
Andrew Bloch
Jon Feldhammer
Philip Hanno
Danielle Rehr-Davis
Flora Roslyn Rothe

AUGUST 17 - 23
Richard Charlesworth
Avi Paulson
Oliver Sherman
Rebecca Farmer
Rachel Kuperman
Simone Perttula
Talia Perttula
Sarah Weintraub
Judah Hunt

Janet King
Daniel Levinsohn
Anita Bloch
Elan Halperin
Dinah McKesey
Benjamin Rego
Sean Shapiro
Daniel Pincus
Patricia Eliahu
Linda Horodas
Daniel Jaffe
Elissa Klein
Darren Kottle
Joel Piser
David Rapson
Scott Tessler
Benji Wolmark
Lori Jaffe
Jodi Lerner
Willa Miller

AUGUST 24 - 31
Judy Chun
Jason Edelstein
William Gentry
Sydney Palmer
Daryl Ross
Jennifer Beck
Samuel Bernstein
Doree Jurow Klein
Ezra Stein
Emma Sterling
Melissa Bercovich
Blythe Hyman
Roxanne Moss
Roxanne Moss
Bryan Schwartz
Rose Hoffman
Ezra Maidenberg
Douglas Moss
Marcia Benjamin
Tom Bradpiece
Sabra Rachel Jaffe
Jan Leuin
Lanna Antebi
Shara Coltoff
Federica Meklin
Rebecca Sparks

Is your birthday information wrong or missing from this list? Please contact the TBA office to make corrections.
LIFE CYCLES

June, July and August Yahrzeits

נזכרות לימים מסורים של אחרים

May God comfort you among all the mourners of Zion and Jerusalem

27 IYAR - 4 SIVAN
June 1 - 7
Samuel Bercovich
Martin Rockmaker
Rozelina Van Gelder
Betty DeLugach
Shirley Dorfman
Leslie Joseph Belikoff
Morris Elchanan Belikoff
Avram Brisky
Sophie Couzin
Rakel Kantola
Veikko Kantola
Melvin Rifkin
Benjamin Silberman
Alexander Wallis
Huguett Dayan
Jack Lehman
Endre Balint
Sidney Greenstein
Jack Jeger
Rene Nathan
Henry Ring
David Riskin
Sylvia Stein
Robert Berger
Alex Harris
George Morris
Molly Bauer Silverman
George Afterman
Andrew Gooden
Lena Kestenblatt
Shira Weisbach
Anne Kaplan
Meyer Kapler
Aaron Kobel
J. Dorothy Stanfield
Robert Bornstein
Allen M. Brodke
Sarah Hertz
Morris Morrison
Rolf Schlesinger
Minna Bakar
Lena Cohen
Irvings (Sunny Boy) Clar
Esther De Vorin
Morris Epstein
Ruth Garfinkle
Joan Kramer
Reuben Kronick
Jack Spritzer
Cecelia Stone
Abraham Goldenhar
Irene Lasar
Martha Larch
Connie Reischer
Abraham Silver
Phillip Weinstein

12 - 18 SIVAN
June 15 - 21
Mannie Moshe Barzel
Fred Knauer
Mr. Muthuramalingam
Gwynn Simon
Abraham Blumberg
Zelda Jacobs
Ruth Manasse
Minnie Goldstein
Lippi Streiffer
Joseph White
Diana Bereskin
Kathe Biglovsky
Vivian Glick
Harry Reingold
Anna Riskin
David Rosenzweig
Ray Baim
Robert Davis
Jack Gerber

Recent Deaths in Our Community

Bob Weiss, Father of Josh (Janna Lipman) Weiss
Rachel Leah Davis, Mother of Elisabeth Duffy (Sam Chatterton-Kirchmeier)

Chassida (Ceda) Wittenberg, Mother of Amy Wittenberg

28 SIVAN - 2 TAMMUZ
July 1 - 5
David Heskin
Anna Mutnick
David Ross
Judith Wallerstein
Hilda Braverman
Kenneth Katz
Ruth Kay
Sam Nathan
Mae Peters
Mark Siegel
Howard Silberman
Rose Tessler
Ida Brash
Hilda Grutman
Lena Isaacs
Thomas Scharff
Dodi & Horst-Arnold Aron
Harold A. Hanno
Miriam Heirsheberg
Ethel Liss
Milton Maidenberg
Alice Stockman
Nathan Turchin
Sandy Aerenson
Ethel Gold Heskin
Herbert Wittenberg

3 - 9 TAMMUZ
July 6 - 12
Charles Leve
Frank Lowenthal
Ida Carasick Barber
Leah Fertel
Alan Goldberg
Marie Marcus
Sidney Steckel
Laura White
Joel Cyprus
Leah Pactor Hershel
Edward Markovits
Israel Rosenberg
CALENDAR

10 - 16 TAMMUZ
July 13 - 19
Harry Adams
Leo Adolph
Hannah Rubenstein Barsel
Hyman Davis
Isaac Goldman
Thomas Hunt
Ruth Korn
Dorothy Ruvkun Steiner
Moritz Wolff
Yitzchak Gottlieb
Helen Patricia See
Annie Adams
Joseph Berger
Zelick Levit
John Noah Miller
Blanche Olden
Sara Wolff
Ruth J. Gordon
Vera Jennings
Sadie Klein
Jacob Leon
Yafa Lerner
Victoria Naggar
Anna Berman
Melba Dattner Klein
Daniel Barach
Clara Toba Klein
Violet Burge
Shirley Wolf

17 - 23 TAMMUZ
July 20 - 26
Brad Cyprus
Rebecca Garfinkle
Rabbi Morris Goldberg
Isaac Gordon
Essie Landy
Michele Blau Lockey
Sadie Unterberger
Abe Jacobs
Charles Slavsky
Samuel Applebaum
Mollie Goldstein

24 - 28 TAMMUZ
July 27 - 31
Eleanor Greenstein
Joseph Kaplan
Irvin Bromberg
Ray Leavitt
Josephine Lutz
David Tsifrin
Ira Glasser
Elmer Glick
Bernard Levine
Elaine Ruben
Howard Ruben
Israel Shepard
Samuel Gold
Edward F. Klinger
Kenneth Tessler
Henry Alton Schmulowitz
Lawrence W. Stone

29 TAMMUZ - 1 AV
August 1 - 2
Sylvia Levinson
Michael Shaw
Morris Weiner

16 - 22 AV
August 17 - 23
Max Engel
Sam Kasdan
Richard Saewitz
Hilda Brauer
Robert Fierstein
Peter Finnegan
Leo Leyser

Frieda Nemon
Larry Pencovic
Jerome Eisenman
Carl Freeman
Lev Gelfond
Lesley Langberg Kaye
Morris Polse
Edward H. Stern
Abe Bachman
David Coopersmith
Lena Goldman
Johnnie Holton
Leah Levine
Hershey Binder
Gertrude Bleiberg
Michael Fass
Katherine Sieff
Ellen Bercovitch
Irving Mayer Burt
Marshall Denenberg
Dorothy Leven
Hannah Ethel Roth

23 - 29 AV
August 24 - 31
David Herman Klein
June Matthews
Harry Tuman
David Bercovitch
Daniel Goldfein
Harry Rubin
Rose Lerch
Ruben Lerch
Minnie Leson
John B. Landowitz
Edith Polon
Richard Felten
Eileen Grossman
Arthur Roth
Ruth Mintz
Donald Paulson
Solomon Rabinowitz
Arthur Michael Ross
Esther Schecht
Tobe Burnstein
Bessie Gerber
Jacqueline Helfend
Sylvia Heyman
Max Kushman
Avraham Pincas
Rubin Semendoff
Sylvia C Davis
Fannie Kessler
Harry Levitch
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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
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<td>9:30am Shabbat Services</td>
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<td>9:08p Havdalah (42 min)</td>
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<td>3 (29 Iyar)</td>
<td>4 (1 Sivan)</td>
<td>5 (2 Sivan)</td>
<td>6 (3 Sivan)</td>
<td>7 (4 Sivan)</td>
<td>8 (5 Sivan))</td>
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<tr>
<td>Yom Yerushalayim</td>
<td>9:00am Shabbat Services</td>
<td>7:00pm WTBA Girls Night Out: Annual Book Recommendations for summer</td>
<td>9:00am Weekly Text Study, L’Acajou Café</td>
<td>8:00am Shabbat Services</td>
<td>7:00pm BBYO- AZA &amp; BBG</td>
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<td>Erev Shavuot</td>
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<td>9:30am Shabbat Services with Rabbi Natasha</td>
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<td>9 (6 Sivan)</td>
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<td>11 (8 Sivan)</td>
<td>12 (9 Sivan)</td>
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<td>15 (12 Sivan)</td>
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<tr>
<td>Shavuot I</td>
<td>Shavuot II</td>
<td>Office &amp; Gan closed</td>
<td>Shavuot Service w/ Yizkor &amp; Kiddush</td>
<td>Shavuot Service w/ Yizkor &amp; Kiddush</td>
<td>12noon Interfaith Council meeting</td>
<td>Parashat Nasso</td>
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**INTERFAITH COUNCIL OF ALAMEDA COUNTY**

Interested in learning more about Interfaith community?

The next monthly meeting will be hosted by Temple Beth Abraham

**June 13th, noon-2pm.** Lunch included.

Look for email updates with location and agenda items.

Questions to Jessica at jessica.sterling@ymail.com or visit https://www.interfaithac.org/

**Men’s Club Poker Night - July 18th: 7:00pm**

Everyone welcome.

**ACOUSTIC KABBALAT SHABBAT**

with Pizza Picnic

August 9th: 6:15pm

Sponsored by Women of TBA

**JCL Tutor Training - August 28th: 1:00pm**

Look for more info in email updates.
<table>
<thead>
<tr>
<th>JULY 2019</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>1 (28 Sivan)</td>
<td>8:00am Minyan followed by breakfast</td>
<td>3 (30 Sivan)</td>
<td>Rosh Chodesh Tammuz</td>
<td>4 (1 Tammuz)</td>
<td>5 (2 Tammuz)</td>
<td>6 (3 Tammuz)</td>
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<td>2 (29 Sivan)</td>
<td>Rosh Chodesh Tammuz Office &amp; Gan closed</td>
<td>8:00am Minyan followed by breakfast</td>
<td>Rosh Chodesh Tammuz</td>
<td>6:15pm Kabbalat Shabbat</td>
<td>8:16p Candle Lighting</td>
<td>Parashat Korach</td>
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<td>3 (30 Sivan)</td>
<td>9:00am Weekly Text Study, L'Acajou Café</td>
<td>7:00pm BBYO- AZA/BBG</td>
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<td>9:30am Shabbat Services</td>
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<td>4 (1 Tammuz)</td>
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<td>5 (2 Tammuz)</td>
<td>8:00am Minyan followed by breakfast</td>
<td>11 (8 Tammuz)</td>
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<td>Parashat Chukat</td>
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<td>7 (4 Tammuz)</td>
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<td>13 (10 Tammuz)</td>
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<td>1:00pm Mah Jongg</td>
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<td>8 (5 Tammuz)</td>
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<td>AUGUST 2019</td>
<td>MONDAY</td>
<td>TUESDAY</td>
<td>WEDNESDAY</td>
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<td>FRIDAY</td>
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<td>1 (29 Tammuz)</td>
<td>8:00am Minyan followed by breakfast</td>
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<td>2 (1 Av)</td>
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<td>6:15pm Kabbalat Shabbat</td>
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<td>3 (2 Av)</td>
<td>Parashat Matot-Masei</td>
<td>8:16p Candle Lighting</td>
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<td>5 (4 Av)</td>
<td>9:00am Weekly Text Study, L'Acajou Café</td>
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<td>Parashat Devarim</td>
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<td>7:00pm BBYO- AZA/BBG</td>
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<td>9:30am Shabbat Services</td>
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<td>7 (6 Av)</td>
<td>8:00am Minyan followed by breakfast</td>
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<td>8:57p Havdalah (42 min)</td>
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<td>8:00am Minyan followed by breakfast</td>
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<td>10 (9 Av)</td>
<td>6:15pm Acoustic Kabbalat Shabbat with WTBA Pizza picnic</td>
<td>7:51p Candle Lighting</td>
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<td>Parashat Devarim</td>
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<td>11 (10 Av)</td>
<td>8:00am Minyan followed by breakfast</td>
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<td>Erev Tish'a B'Av</td>
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<td>9:00am Weekly Text Study, L'Acajou Café</td>
<td>7:00pm BBYO- AZA/BBG</td>
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<td>9:00am Weekly Text Study, L'Acajou Café</td>
<td>7:00pm BBYO- AZA/BBG</td>
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<td>9:30am Shabbat Services</td>
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<td>8:50p Havdalah (42 min)</td>
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<td>14 (13 Av)</td>
<td>15 (14 Av)</td>
<td>8:00am Minyan followed by breakfast</td>
<td>16 (15 Av)</td>
<td>6:15pm Kabbalat Shabbat</td>
<td>7:42p Candle Lighting</td>
<td>17 (16 Av)</td>
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<td>15 (14 Av)</td>
<td>16 (15 Av)</td>
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<td>6:15pm Kabbalat Shabbat</td>
<td>7:42p Candle Lighting</td>
<td>Parashat Vaetchanan</td>
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<td>16 (15 Av)</td>
<td>7:00pm Gan Parent Orientation for New Students</td>
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<td>Shabbat Nachamu</td>
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<td>17 (16 Av)</td>
<td>7:33p Candle Lighting</td>
<td>20 (19 Av)</td>
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<td>9:30am Bar Mitzvah of Joseph Charlesworth</td>
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<td>18 (17 Av)</td>
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<td>Gan Avraham resumes</td>
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<td>9:30am Shabbat Services</td>
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<td>26 (25 Av)</td>
<td>4:00pm Bet Sefer resumes – Back-to-school BBQ</td>
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<td>4:00pm Bet Sefer resumes – Back-to-school BBQ</td>
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<td>Rosh Chodesh Elul</td>
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Temple Beth Abraham
327 MacArthur Boulevard
Oakland, CA 94610

Temple Beth Abraham Annual Meeting
Thank you for coming out for the annual meeting.